

Happy Father's Day



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JUNE 19, 2015

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FISH Prepares For Move Up Periwinkle



Standing in front of the new headquarters for FISH of Sanibel-Captiva are, from left, Lyn Kern, Ed Riddlehoover, Maggi Feiner and John Pryor photos by Jeff Lysiak

by Jeff Lysiak

When FISH of Sanibel-Captiva, Inc. moves into its new location up Periwinkle Way next week, the social service agency – better known on the islands for being “neighbors helping neighbors” – may have found the perfect home for

continued on page 3

What's Cooking at The House?

Mango Tasting At The Community House

Don't miss this month's free potluck at The Community House on Wednesday, June 24 at 6 p.m. Steve Cucura, owner of FruitScapes on Pine Island, is bringing about 10 different types of mangoes for attendees to sample. He will discuss just about everything you ever wanted to know about this fruit, now at its peak ripeness. His nursery stocks a large collection of rare tropical fruit trees, so he will answer any questions you might have on planting, fertilizing and pruning your own tropical tree.

Bring your favorite potluck item; an appetizer, entrée or dessert to share for about six people. If you would like to share your recipe, bring a copy. The evening is BYOB, but water and iced tea will be provided at no charge.

This is a great way to meet other summer residents in an old Sanibel setting. The plans for the remodel of The



Steve Cucura

Community House and the kitchen are also on display for you to discuss with members of the redevelopment committee. RSVP by calling 472-2155.

The Community House is at 2173 Periwinkle Way.

Watch for this ongoing What's Cooking? column for happenings, recipes and activities.✱



The Organized Chaos team is comprised of Joey Burnsed, Patrick Field, Lamar Williams and Clark Smith

A Big Win At The Tarpon Cup

Two local fishing guides from Sanibel and Captiva, along with their teammates from Ohio and Michigan, captured the 2015 Sea Hunt Boat Company Tarpon Cup, which took place on June 7. The event was the grand championship for the Professional Tarpon Tournament Series out of Boca Grande, one of the biggest and richest tarpon tournaments in the world.

On the last day, the group – known as Organized Chaos – went into the grand

continued on page 8

Rare Orchid Pollinated By Unusual Bee



Closeup of Joe Salatino's bucket orchid (*Coryanthes macrantha*). Note bee in bottom of bucket.

photo by Ken Rasi

by Jeff Lysiak

One of the world's most beautiful orchids is being grown right here on Sanibel by veteran orchid enthusiast Joe Salatino. The island resident, who began raising orchids 40 years ago, has cultivated an exquisite example of the *Coryanthes macrantha*, commonly known as a bucket orchid.

Cream colored with brown spots – evoking comparisons to the rare junonia seashell

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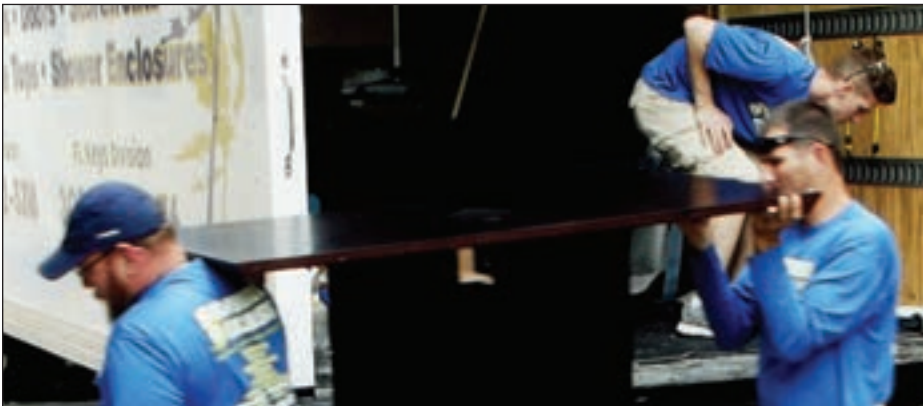
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From page 1

FISH Prepares For Move



John Pryor makes an adjustment to an electrical outlet



Sanibel Glass & Mirror employees move a conference table into the FISH offices



The rear of FISH's new headquarters includes a shielded area for loading and unloading donations

its walk-in center that will more than satisfy FISH employees, volunteers and clients alike.

That's because FISH's soon-to-be-occupied new headquarters, located at 2430 Periwinkle Way, behind the Bleu Rendez Vous French Bistro – offers more than 1,000 additional square feet of space than its current location.

"With the size of the new space we're moving into, we can offer more services for our clients," said John Pryor, FISH board chair. "And there's more parking, too."

According to Pryor and Maggi Feiner, FISH president and CEO, the new location – boasting approximately 3,200-square-feet – will include:

- An expanded food pantry, with upgrades to the refrigeration system
- A drop-off/pick-up area for deliveries and donations
- Two reception areas (one for clients and one for visiting members of the public)
- Five offices for FISH staff
- Two meeting rooms (a large first floor meeting space, plus a second story conference room in the loft area)
- An administration meeting area

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Ed Riddlehoover loads a cabinet onto a hand-truck

From page 3

FISH Prepares For Move

- A client resources room
- A children's play room with a lending library, toys and games
- A file room/storage area
- Volunteer work space
- Two ADA-compliant restrooms
- 24 on-site parking spaces (including two handicapped spaces)

"This location is really gonna give us an opportunity to expand our services for our clients," said Feiner, who noted that community organizations are invited to use FISH's meeting rooms. "Having so much more space allows us to give much



John Pryor and Maggi Feiner carry boxes into the new FISH headquarters

more to them."

In 2014, FISH impacted the lives of 1,317 households representing 1,737 individuals. Last year, 86 percent of its annual budget was used for client programming. This included 386 senior households which benefited from FISH programming such as Alzheimer's assessments, daily well-check calls and prepared meals, emergency financial assistance, health equipment loans, non-emergency medical related appointment transportation and workshops.

Also during the past year, 931 households – including 192 children – benefited

from FISH programming such as adult education assistance, community resource referrals and counseling, emergency financial assistance, employment/unemployment assistance, ESOL instruction, notary services, VITA tax assistance, youth lunches and scholarships.

"The new space is going to help in so many ways, especially the new refrigerator system for the food pantry," said Christine Swiersz, licensed clinical social worker and program director for FISH. "We'll also be able to expand our social services because we'll have two larger meeting rooms."

The current walk-in center has a single conference room, with space for between eight and 10 clients. The new location has two conference rooms, with access for up to 25 clients at once.

"Having that much more space will really make a difference," added Swiersz.

Fellow social worker and assistant program director Jessi Zeigler agreed.

"I'm excited about what we're going to be able to provide because the new space offers a more functional set-up," she said. "The new refrigeration system will allow us to stock more food and preserve that food even longer."

Open throughout the year, FISH's food pantry is a Harry Chapin Food Bank partner. FISH receives food (both perishable and non-perishable) and other items – including personal hygiene products and cleaning supplies – from several island businesses, individuals and through periodic food drives. On a weekly basis, FISH volunteers shop to purchase necessary items that have not been donated.

Both Feiner and Pryor explained that the new walk-in center, which they expect to move into "on or about June 25," was found with the assistance of Craig Albert of Sanibel Captiva Community Bank and local realtor and FISH volunteer Eric Pfeifer. "They both helped make this happen," they added.

Founded in 1982, FISH operated out of volunteers' home until the first office – located in The Village Shops – was opened in 2007. That space only contained approximately 600 square feet. It was moved into its current location – at 1630 Periwinkle Way, Unit B – in 2007 because that space was more than three times larger than the previous walk-in center.

Late last week, FISH began moving office equipment, furnishings and boxes filled with files into the largest digs yet.

"Over the years, FISH has seen a lot of changes," added Pryor. "However, the new building is the most monumental change in the history of this organization." ❄❄

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Island Inn Named Gold Sponsor



Trent Peake and Ric Base of the chamber with Chris Davison and Steve Hatfield, center

The Sanibel & Captiva Islands Chamber of Commerce announced that the Island Inn is a Gold Sponsor of the 2015 Fourth of July Fireworks Display on Sanibel.

"Celebrating Independence Day at the Island Inn has been a longstanding tradition for many of the Inn's guests and we are very proud that we are able to help fund the fireworks show," said Chris Davison, general manager at the Island Inn.

"This is the fourth year in a row that the Island Inn has supported the fireworks display and we couldn't be more appreciative," added Ric Base, president of the Sanibel-Captiva Chamber of Commerce.

The fireworks will begin at dusk and be launched from Bailey Road on the bay side. Potential viewing locations include:

- SS Hookers Restaurant, with music and BBQ
- Adventures in Paradise Sanibel Fireworks Cruise
- Along the Sanibel Causeway
- Sanibel Lighthouse Beach

For additional information, visit www.sanibel-captiva.org.

A Week Of Discovery At Sanibel Community Church



Professor Petri and his assistant Sally demonstrated a scientific principal each day with the help of audience participation. Mason Macalka helped with cause and effect.

Spark Labs VBS exploded with fun at Sanibel Community Church June 8 to 12. The kids had a blast every day discovering, exploring, singing, eating and experimenting. From 4 to 7 p.m. each afternoon, they engaged in hands-on activities to draw conclusions about science experiments, and also how much they are loved. They discovered that there is a plan.

The week came to a conclusion with a closing program on Friday evening where the kids sang, a final chain reaction occurred using mouse traps, and a candy fellowship time sent kids home with beakers full of tasty treats.

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Local Students Address Human Trafficking Through Art

Art and youth have often combined to create social change. A new exhibit at BIG ARTS displays paintings created by area students in response to what they have learned about human trafficking. The powerful images are created to build awareness and spur action on this brutal social issue.

Over the past five years, Human Trafficking Awareness Partnerships has partnered with community groups in Lee County that reach at-risk kids in summer camps and afterschool programs. In a 10-hour program, participants first learn about human trafficking and the power of art to effect change, then they work collaboratively to create art that conveys a message. Some of the art has taken the form of dramatic performances, photography, or singing, but most has been visual art on canvas.

"They create pretty powerful pieces," said HTAP's executive director Nola Theiss. "Many of the artists are younger children—what they may lack in artistic skill is made up in the impact of the message."

That impact is the whole point. The program's goal is to educate not only the participants, but also their peers and the community about the dangers of human trafficking. HTAP has presented the program at BIG ARTS, Boys & Girls Clubs, the Heights Center, Quality Life Center and several area churches. In 2014, more than 350 students participated.

In 2011, BIG ARTS exhibited the first 11 paintings from the program. Now, a selection of the 80 paintings that have been created over the years is displayed in the cultural arts center's Phillips Gallery. They were painted by middle and high school students plus some volunteer adults and represent messages about human trafficking. Most pieces are accompanied by the artists' interpretations. HTAP also host tours for



Artwork featured at BIG ARTS exhibit

children's groups and talks for their parents as well. The gallery is open to the public on Monday from noon to 2 p.m. and Tuesday through Friday from 9 a.m. to 2 p.m. Admission is free. Phillips Gallery is located at the BIG ARTS Center, 900 Dunlop Road on Sanibel. The exhibit runs through July 31.

"With the news of the arrest of 15 traffickers recently, there has been a big rush of interest in human trafficking," Theiss added. "Awareness of the issue is the first step to eradicating modern slavery. These students learn that, and want to help spread the word through their art."

For more information about Human Trafficking Awareness Partnerships or to arrange a guided tour for your group, visit www.humantraffickingawareness.org or call 415-2635. For more information about the self-guided exhibit, visit www.bigarts.org or call 395-0900.✱

Rotary Happenings

submitted by Shirley Jewell

"The key to making money in stocks is not to get scared out of them."

— Peter Lynch, famous American businessman, U.S. Stock investor and strategist, and author.



Steve Hall

Rotary's guest speaker on June 12 was Steve Hall, CFA, CFP, senior vice president/investment strategist, SunTrust Private Wealth. His business title, investment strategist, somewhat sums up what his topic was for the morning. Strategists are definitely educated planners and Hall recommends that to be ahead of the financial markets these days, you must be a planner, analyzing the professional economic data puzzle called global economics. Money is not made by being reactive, but pro-active. Get in the market early and stay long with strong stocks. Market opportunities come when adjustments to stock prices temporarily cause a price drop for good companies for various reasons – buy then. These stocks will eventually return to their strong position in the market – hold onto the Blue Chip companies. Rebounding Blue Chips always prove their value.

Hall is bullish on the U.S. Stock Market. Recent U.S. economic markers are presenting an improved economy with May employment numbers showing the increase of 280,000 new jobs. There is renewed optimism for an improved economy. This optimism proves a backdrop for increased earnings and consumer buying. Capital spending is on an increase. Recent retail numbers have gone up. These retail numbers have been particularly boosted by new car sales... this is huge. New housing loans are at a two-year high and a healthy uptick in new housing starts are already affecting the construction trades. All these factors are building blocks for a healthier business environment in the U.S., and economic recovery.

Once again, the U.S. economy is proving itself going toward a strong position. Hall believes that the U.S. Stock Market is the place to put your money. Other countries around the world are

now struggling. China has a large debt risk, Russian is in recession, and Greece's economy may still collapse. European countries are stressed. Consequentially, the U.S. is the economic market with the best outcome ahead for investors. You have to select well and hold long.

The Federal Reserve is confident now the country is in an economic recovery and probably will be increasing its interest rates ever so slightly. Hall told us the U.S. Stock Market is where to invest. The strength of the dollar is increasing. Interest rates will go up slowly. The economy will adjust. Things will feather back after an adjustment period, be patient, and invest in good quality stocks. Get in the market for the long haul. This will not be the market boom of the '90s, but a slow and steady leveling of investment opportunities. Look for good dividend driven stocks.

Although The Dunes Golf and Tennis Club will be under construction for most of the summer, the Sanibel-Captiva Rotary hopes to continue to meet Friday mornings at 7 a.m. at The Dunes pavilion, just behind the clubhouse. If there is a change to that, we will publish our new meeting location as soon as possible, to avoid any confusion to our many guests that visit during the summer months from Europe. There will be no meeting on Friday, July 3. We hope to see you all at the July 4 parade. Look for our outstanding parade float with Uncle Sam and the red, white, and blue Ferris wheel reflecting the Rotary Wheel and the global reach of Rotary around the world.

The Sanibel-Captiva Rotary Club meets at 7 a.m. every Friday at The Dunes Golf and Tennis Club, 949 Sand Castle Road. If you have any questions regarding Rotary, e-mail President Scot Congress at scot@scongress.com.✱

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Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Trash & Treasures Sale will be back in November. The center is currently accepting donations of clean, gently used items. All items are tax deductible. Bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3:30 p.m. Please, no books, clothes, shoes, computers or old TVs. If you have any questions, call 472-5743.

Page Turners with Ann Rodman – If you would like to be on the Page Turners list, email annrodman@aol.com or contact the Center 4 Life.

The featured book on Wednesday, July 8 is *Secret Life of Bees* by Sue Monk Kidd. Bring your lunch and watch the movie at 12:30 p.m., followed by a discussion on the book and movie at 2:30 p.m.

Friday Collage Classes with Bea Pappas – June 19 and 26, 12:30 to 3:30 p.m. Pappas will be teaching an easy approach to collage, both figurative and abstract. Collage can be worked from torn magazines, found papers like book pages or handmade papers. Collage artists: bring a pint of fluid matte pre-mium, scissors, papers, magazines and substrates (substrates can be watercolor paper, canvas, canvas board or mat board). Members are \$15, non-members are \$20. Call the center to sign up.

Sunset Social on the Causeway – Tuesday, June 30, 6:30 p.m. Enjoy an evening relaxing and watching the sunset with friends. Meet on the causeway at 6:30 p.m. and bring an appetizer to share. Bring your beach chair. The gathering will be on the first island on your left as you are leaving Sanibel. Look for the Island Seniors banner (weather permitting).

Leisure Luncher's – Monday, July 13. Shopping at Miromar Outlets and lunch at Ford's Garage. Over 140 designer and brand name stores to choose from at Miromar Outlets which was voted Best Shopping Mall and Best Factory Outlet Mall in Southwest Florida. Coupons are available on their website. Carpooling encouraged. Sign up at the center is required.

Games

Bridge – Monday and Wednesday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Mahjongg – Thursday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Tuesday and Thursday Kayaking – June 16 and July 7 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Fitness Classes

Classes are available and all ages are welcome. Cost is \$3.75 for members and \$6.75 for non-members. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.*

Read us online at
IslandSunNews.com



Independence Day Parade Entries Due

The 25th annual Independence Day Parade will be held on Saturday, July 4. The theme this year is Fort The Fun Of It! Commercial entry fee is \$30, non-commercial is \$15, made payable to 4th of July Parade Account. Each entry fee is for a maximum of three vehicles. Entry forms are available at Bank of the Islands, 1699 Periwinkle Way, and the *Island Sun*, 1640 Periwinkle Way, Suite 2. Entries must be submitted with payment by Friday, June 19.

The parade line-up will be between 8 and 8:30 a.m. on Island Inn Road and the parade will begin at 9:30 a.m., traveling from Island Inn Road at Tarpon Bay Road down Periwinkle Way to Casa Ybel Road.

There will be a mandatory meeting

for participants, at either 10 a.m. or 5 p.m., on Friday, June 26 at Bank of the Islands. Entrants will receive their parade packets at the meeting, which include waiver forms and line-up number to display in the vehicle. Waiver forms for all participants on floats must be signed and submitted at the parade check-in point.

Awards will be given in the following categories:

- Best Float – Commercial
- Best Float – Small Entry
- Best Nature Theme
- Best Float – Not-for-profit
- Best Salute to the U.S. Military
- Best Original Design
- Best Float – Family
- Most Patriotic
- Best Music.

Commemorative T-shirts, in a light grey, are available at Bank of the Islands in a variety of sizes for men, women and children, as well as tank tops. They are \$10 each. The shirts will also be sold along the parade route.

For more information, contact Trish Phillips at 246-2981.*

Register Early For Road Rally

Sanibel-Captiva Optimist Club's longest-running 4th of July event, the Road Rally, celebrates 36 years of fun for teams and families as they puzzle out the clues while following a prescribed driving course around the island. Prizes will be awarded for correct time and mileage, the most correct answers to the quiz about things seen along the route, as well as the best decorated vehicle. There will also be a 50/50 raffle.

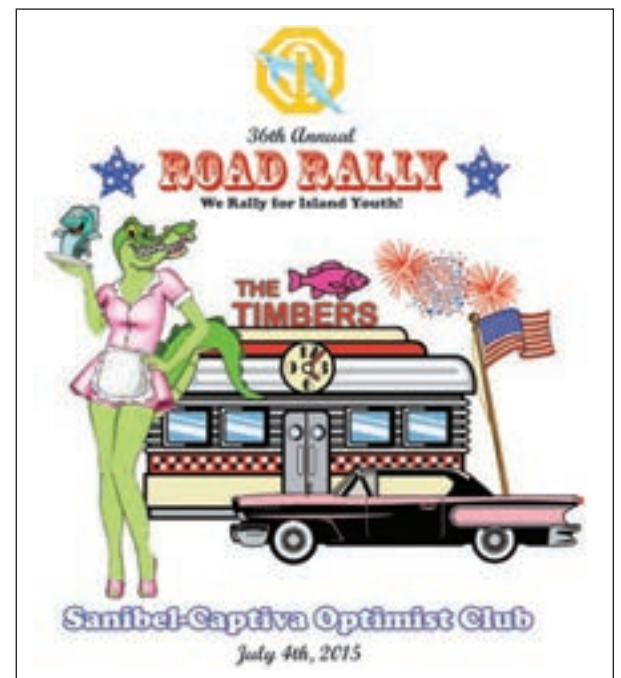
Choose your team (a driver, navigator and spotters are usual), fill out the entry form, available at Bailey's General Store, Sanibel Cafe, Sanibel Captiva Community Bank or the newspaper. Mail it, together with this year's entry fee of \$35, to San-Cap Optimist Club, PO Box 1370, Sanibel, FL 33957, or bring it to the starting line (credit cards accepted). Entry forms will also be available at the starting line the day of the rally.

Entry fee covers car, driver, navigator, unlimited crew, and includes one official Road Rally T-shirt (additional T-shirts will be available for \$15). The number of entries is limited so register early.

This year, the rally begins in Timbers Restaurant/Sanibel Grill parking lot (only one-half block north of Bailey's on Tarpon Bay Road) at noon on the 4th of July, and also ends there for the "afterglow" party. Staggered starting times (every two minutes) will be pre-assigned by Rally Master Randy Carson. See the entry form for more details or call Randy Carson at 699-8739, Richard McCurry at 292-4631 or Dani Howard at 472-0836.

Sponsorships are available for tax-free donations of \$100 or more. There is a tiered sponsorship consisting of three levels: Lion Paws level of \$500; Junonia level of \$250; Conch level of \$100. Each sponsor gets publicity and a placard on one of the rally vehicles.

All proceeds from the rally provide funds for the local Sanibel-Captiva Optimist Club's college scholarships.*





FATHER'S DAY

AT SANIBEL COMMUNITY CHURCH

SUNDAY, JUNE 21

- ★ Seven Shofars will blow calling the Church to Assembly as we celebrate Father's Day Sunday.
- ★ Free Video, "Irreplaceable" will be given to each family at the 9:00 a.m. Service.
- ★ Free Specialty Coffee from the Carpenter's Café for every Dad.
- ★ Dad's Donuts Served Up During Courtyard Fellowship at 10:15 for Everyone!

All are welcome to come celebrate...
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The 2015 Tarpon Cup winners in action during the June 7 fishing tournament
From page 1

Tarpon Cup

championship in last place after a tough season this year. However, the foursome pulled a rabbit out of their hat and won. Their victory was well-deserved, as they have been fishing the Tarpon Cup together as a team for 10 years.

This is the first time in many years for the trophy to be awarded to fishermen from Lee County.

Organized Chaos team members include Capt. Joey Burnsed out of Castaways Marina on Sanibel; Capt. Lamar Williams out of Jensen's Marina on Captiva; Patrick Field, the CEO and sponsor of the team from Springfield, Ohio; and Clark Smith, the communications officer of the team from Ypsilanti, Michigan.

The same team also fished together on May 9 and took second place in the "Ding" Darling & Doc Ford's Tarpon Tournament.✧✧

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American Legion Post 123

This Sunday, June 21, American Legion Post 123 will host a fish fry from 1 to 8 p.m. Cost is \$11.95 per person.

On Sunday, June 28, the Legion will serve BBQ ribs and chicken all day. Nine-ball pool tournaments are played every Monday starting at 5 p.m.

"Hump day" specials are served all day on Wednesdays.

On Fridays, a six-ounce ribeye steak sandwich is available all day. There are daily specials as well as the popular half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

If you have a flag that needs to be retired, drop it off at your convenience.

Hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.✧✧

The Islands of
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Sanibel Island Fireworks Night 2015

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The graduation class of 17 students was comprised of 14 wonderful boys and three beautiful and patient girls who all did a great job singing their graduation songs

CECI Celebrates 40th Graduation

The Children's Education Center of the Islands celebrated it's 40th graduating class of VPK (Voluntary Pre-Kindergarten) students on June 6 at The Sanibel School. The well attended graduation was led by Ms. Cindy, her first graduating class as both teacher and director. The program included songs sung by the graduates in English and Sign Language, along with a very touching video of the children produced by Mark Meyers.

The students received their Pre-K certificates as well as a hug from their teachers, Ms. Kerra and Ms. Cindy, who will miss their classes very much as they head off to kindergarten. Congratulations VPK Class of 2015!

The Children's Center of the Islands is a non-profit preschool offering full time and part time classes for children ages 2 to 5. The preschool is currently accepting applications for the 2015-16 school year beginning August 24 as well as their Summer Camp which goes until August 7. Scholarships are also available on a limited basis.

For more information, call the school at 472-4538.✱



Brothers Kai and Joshua Schwartz give each other a pep talk before the ceremony began



Nina Kotel struggles with her hat next to Yuan Bonhayag during the graduation ceremony.



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Four Firefighters Honored With Phoenix Award

by Jeff Lysiak

Last week, four firefighters from the Sanibel Fire & Rescue District – Capt. Rob Popkin, FF/PM Rob Doerr, FF/PM Kevin Barbot and FF/EMT Rob Wilkins – received the prestigious Phoenix Award, which recognizes the efforts of crew members who have made life-recovering rescues.

During the monthly Board of Fire Commissioners meeting, held at Sanibel Fire Station #1 on June 10, the four SFRD members received their awards from Chief Danny Duncan.

According to Popkin, on March 24, 2015, firefighters responded to a call at the Sanibel Recreation Center for a reported cardiac arrest. Upon arrival, crew members found the patient being cared for by rec center and Sanibel Police Department personnel. Firefighters took over care and successfully restored the patient to a life-sustaining rhythm.

"It is my professional opinion that all parties involved played a substantial role in ensuring a positive outcome, a life

saved," said Popkin. "I would like to commend those personnel, that through their quick thinking and application of the skills they have learned through our training, that contributed to this positive outcome."

Popkin has received "five or six" Phoenix Awards during his tenure while Wilkins, a two-year member of the SFRD, received his second. Both Doerr and Barbot were absent during the awards presentation ceremony.

At last month's city council meeting, Life Saving Awards from the March 24 rescue were handed out to Field Training Officer Jarred Ciccone and Officer Kory McCloughen, Sgt. Ken Sutton and School Resource Officer John Jakubowski as well as Recreation Department Director Andrea Miller and staff members Ashley Baker, Char Durand, Jai Earle, Matthew Erpenbeck, Debbie Kwok, Tasha Maddix, Jillian Navidonski and Jan Symroski.✪

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Firefighters Rob Popkin and Rob Wilkins received their Phoenix Awards on June 10

photo by Jeff Lysiak

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BAT YAM-TEMPLE OF THE ISLANDS:
The Reform Congregation of Bat Yam
Temple of the Islands meets for Friday
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Hall of the Sanibel Congregational United
Church of Christ, 2050 Periwinkle Way.
Rabbi Myra Soifer. For information call
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472-2173, www.saintmichaels-sanibel.org

UNITARIAN UNIVERSALISTS OF THE ISLANDS:
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Way at 5 p.m. A pot luck is held at a mem-
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month. For more information call 433-4901
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THOMAS E. GRUHL

Thomas E. Gruhl of Zionsville, Indiana and Sanibel Island, died unexpectedly on June 8, 2015 at the age of 80.

If you look up the term community leader in the dictionary, you will see a photo of Tom Gruhl; he lived every day as a leader, activist, philanthropist and truly made a difference in the lives of many people.

Born in Hope, Indiana, the only child of Pearletta Gruhl Hitchell, Tom graduated from Hope High School, Franklin College and the Banking College at the University of Wisconsin. He served in the U.S. Army for two years and was blessed to receive the GI Bill.

In 1960, he was accepted into the Management Training Program for Merchants National Bank, which began his 32-year career with the Frenzel

family and brought him to Zionsville as president of Farmers State Bank, which became Mid State Bank, then Merchants, National City and is now PNC Bank.

When asked about his career, he always said, "Banking allowed me to meet and help many people, and it was so satisfying." He took a little country bank and under his leadership it grew to nine branches with \$112 million in assets and 60 employees.

During those 32 years in Zionsville, Tom was a pillar in the community, active in many organizations including Zionsville Lions Club, both Zionsville and Boone County Chambers of Commerce, the Zionsville Water Corporation, Capital Facilities Plan Steering Committee, Board of Zoning Appeals, Zion Aqua and 23 years as a volunteer on the Zionsville Fire Department.

When he retired from banking in 1992, he took on probably the greatest challenge of his life and was primarily responsible for founding the Community Foundation of Boone County, where he remained as chairman of the board for many years. In 23 years, the foundation's assets have grown to \$21.4 million; Tom was very proud of that accomplishment.

In lieu of flowers, the family suggests a contribution to the Thomas E. Gruhl Scholarship Fund at the Community Foundation of Boone County, 102 N. Lebanon Street, Lebanon, IN 46052.

While Tom never had a lot of hobbies, he was passionate about travel. Tom and his wife Kathleen have visited 88 countries and taken more than 30 cruises during the last 33 years.

He is survived by his wife, Kathleen McClanahan-Gruhl; daughters, Carmen Ton (Jeff) and Tami Bursch; his grandchildren, Alexandra and Nicholas Bursch.

Visitation took place on June 12 at Leppert Mortuary in Carmel, Indiana, with a Celebration of Life held the following day at the same location.*

Summer Sunday Seminar Series

Sanibel Congregational United Church of Christ will present a five-week seminar titled Embracing an Alternative Orthodoxy as part of its Summer Sunday Seminar Series beginning Sunday, June 28 and running

through Sunday, July 26. Classes will be held from 9 to 10 a.m.

The course, which will explore alternate ways to view various major doctrines of Christianity, will feature video presentations by Father Richard Rohr. Rohr is a globally-recognized ecumenical teacher. He is a Franciscan priest of the New Mexico Province and founder of the Center for Action and Contemplation in Albuquerque, New Mexico. A prolific author, Rohr's books include *Falling Upward*, *The Naked Now* and *Breathing Under Water*.

Topics to be covered in the course include atonement theology, eco-spirituality, the Cosmic Christ, orthodoxy versus orthopraxy, and mysticism and moralism. The course will be facilitated by the Rev. Dr. John H. Danner, the church's Senior Pastor and the Rev. Deborah Kunkel, Associate Pastor.

The course is free of charge and open to the public. The church is located at 2050 Periwinkle Way on Sanibel. Classes will be held in Heron Hall. For further information, visit www.sanibelucc.org or call the church office at 472-0497.*

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New Intern



Kay Donovan

Sanibel Community Church welcomed Kay Donovan as the new summer H2O intern. Donovan is helping take on some of the responsibility that keeps H2O running smoothly. She has a passion for middle school and high school youth and is excited to be working with them this summer.

Donovan, 20, will be entering her third year of college at Cincinnati Christian University. She is studying for a degree in adolescent and young adult education, specializing in science.✱



Ally Flynt, Rodd Bell and Valentina Bell show how much food can be gathered by cute smiles and how helping others is the most important thing someone can learn

CECI Food Drive

In answer to FISH of Sanibel-Captiva's article about local food pantries that are struggling to meet the summer demand, the Children's Education Center of the Islands saw this as an opportunity to teach their students about helping others.

During the last week of school, the Children's Education Center hosted a food drive and encouraged all families to participate. Families were asked to donate one of the buy one/get one sales from local food stores.

Additional donations from the community can be brought to the FISH Food Pantry, located at 1630 Periwinkle Way, Unit B on Sanibel.✱

Happy Birthday



Kathleen Guzy

Happy Birthday to our dear granddaughter! With love, Carol and George Beleslin.✱

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Charlee Armstrong, Katie Dunn, Ally Flynt, Emma Spencer and Nina Kotel show that girls just want to have fun



Ernesto Del Valle digging a trench in the sand



Maja Mossberg takes a break from water play for a quick swing



Connor Storey and Kai Schwartz in the playhouse, getting a bird's eye view of their friends



Steele Floyd splashing in the puddles

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Rene's Jewelry

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The last day of preschool for the year at the Children's Education Center of the Islands was celebrated with a water day. The students came dressed in their bathing suits and ready to play. They had lots of fun on the playground with all of their friends. The Children's Education Center of the Islands is a non-profit preschool offering full-time and part-time classes for children ages 18 months to 5 years during the school year, and summer camps. Parents can sign up their children on a weekly basis for a three-day, four-day or five-day program during the summer camp. The center is open from 7:30 a.m. to 5:30 p.m. For more information, call 472-4538.✧



Ally Flynt and Charlee Armstrong play in the water



Shaving cream fight at a recent H2O gathering

H2O Is Still On For The Summer

H2O, Sanibel Community Church's youth program will continue on Wednesday evenings through the summer months. H2O's first Wednesday summer celebration consisted of the construction and demolition of a 36-foot banana split, then a messy shaving cream war to let out some energy. On June 10, H2Oers volunteered to help with the younger kids at Vacation Bible School.

This Saturday, June 20 is the annual church-wide beach day, hosted by H2O. There will be free food and water play including boat rides. Don't miss this day of fellowship and fun.

On Wednesday, June 24 from 6 to 8 p.m. is the Way-FM pizza party, with live music, free giveaways and free pizza. All will gather in the back parking lot of the church for this event.

There will be no H2O during July, as

students will be involved in two different mission trips during this month: The middle school students are going to Staten Island from July 18 to 25, and the high school students travel to El Salvador from July 28 to August 6.

On Wednesday, August 5 from 6 to 8 p.m., the Skaggs family is hosting the annual H2O pool party. The following Wednesday, August 12 from 6 to 8 p.m., H2O is heading to Zoomers to get in some more play before school starts again.

H2O Sunday classes for middle school students will meet in the Youth Room from 11 a.m. to noon, with high schoolers meeting at the Skaggs home from 11 a.m. to noon for fellowship and to learn important foundations as they get closer to college.

For additional information, call or email Kevin Schafer, Pastor of Youth Ministries at Sanibel Community Church. The church is located at 1740 Periwinkle Way (next to Jerry's Market).✱

Seminars At Sanibel Church

Divorced? Separated? DivorceCare can be your answer. Classes meet at Sanibel Community Church each Monday from 6 to 7:30 p.m. in room 132. Participants find help, discover hope and experience healing. DivorceCare features nationally

recognized experts on divorce recovery topics. Seminar sessions include What Is Happening To Me?, Facing My Depression, New Relationships, Financial Survival and Kid Care.

To register or for more information, contact Susan Puccio at The Bridge Counseling Center at 472-0382.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's market).✱

Celebrate Father's Day



Worship Pastor Brad Livermon will be one of among seven men who will blow the shofar this Sunday at Sanibel Community Church.

This Sunday, June 21, seven shofars will blow, calling the church to assembly as the congregation celebrates Father's Day Sunday at Sanibel Community Church.

Among the scheduled activities are:

- A free video, *Irreplaceable*, will be given to each family at the 9 a.m. service
- A free specialty coffee from the Carpenter's Café for every dad in attendance
- Dad's Donuts will be served during courtyard fellowship (10:15 a.m.) for everyone

Traditional worship services will be held at 8 and 11 a.m., with a contemporary worship service offered at 9 a.m. All are welcome to come celebrate and honor the Heavenly Father this Father's Day.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market). For more information, call 472-2684 or visit sanibelchurch.com.✱

Pupils Recieve President's Award

The President's Education Awards are given to fifth and eighth graders at the end of each school year at The Sanibel School.

For the fifth grade award, a cumulative GPA from fourth and fifth grades of a 3.5 or better is required. They also have to have a Level 4 or 5, that is above average scores, on the most recent state tests.

The following fifth graders are this year's winners: Maya Brown, Ryan Dunavant, Elle Frey, Johnny Jensen, Kenny Kouril, Mason Macalka, Tye Robison, Samuel Rose, Max Stone, Max Vaughn, Anna Wells and Anna Willis.

The eighth grade President's

Education Awards were also given to eighth graders at the end of this school year. It is based on a cumulative GPA of 3.5 or better throughout middle school. They have to also have a Level 4 or 5 on the most recent state test scores.

The eighth grade award winners this year were: Meagan Brown, Hannah Carroll, Julia Coin, Calie Connor, Isabella DeCosta, Dahlia Dry, Kristen Dunavant, Maria Heindl, Julia Holston, Jenna Kjoller, Jacob Lemmon, Camilo Lilleslatten, Jake Mann, Jason Perkins and Carson Towle.

All of these fifth and eighth grade students received a special letter from the President of the United States and Secretary of State congratulating them on their academic success. They also receive a certificate and a pin as a keepsake.✱



Graduating students sit under some of their artistic creations and the fine art prints that inspired them

Sanibel Christian Preschool Graduation

Six students of the Sanibel Christian Preschool, with big smiles and blue caps perched on their heads, celebrated their accomplishments with teachers, family and friends on June 5. It was the second annual graduation for the preschool, a ministry of

Sanibel Congregational United Church of Christ.

Led by Preschool Director Laura Miltner, the students were excited to show how prepared they are to start kindergarten in just a few months. They shared drawings of what they hope to be when they grow up, their proficiency with phonetics and sign language as well as song, their masterpieces based on works of renowned artists such as Van Gogh and Monet, and even led the group in prayer. Miltner, along with 3-year-old class teacher Ana Abella and 2-year-old class

teacher Lora Lea Plummer, were also thanked for sharing both their teaching skills and their loving nurturing of each student's individual gifts.

Senior Pastor John Danner and Associate Pastor Deb Kunkel also took part in thanking the teachers for a job well done, and celebrating the kids for all their accomplishments.

The students then continued the celebration at a reception put together by the parents of the students of Sanibel Christian Preschool. Several younger students and their parents were also in

attendance, receiving a preview of what they have to look forward to in the coming year.

As a ministry of Sanibel Congregational United Church of Christ, the preschool is open and welcomes children of all backgrounds, recognizing that each student is a loved child of God. Classes start August 24, 2015, and are available for 2- and 3-year-old students as well as VPK students. For more information about the preschool or available financial aid, call 472-0497 or go to sanibelucc.org.✱

Plant Smart

Caladium

by Gerri Reaves

Caladium (*Caladium* spp.) was originally discovered in Brazil and is a member of the aroid family, also called the philodendron or arum family.

Spectacular large ornamental leaves of this perennial have made it a popular non-native garden staple.

Caladium's crepe-textured leaves are heart- or lance-shaped, topping long stems that arise from tubers and grow to about two feet high.

Depending on the variety and form, the leaves are splashed with shades of green, pink, creamy white, orange or red.

The flower spike is enveloped by a boat-shaped spathe, or hood-like bract (similar to spathe lily). Fleshy berries follow.

Most varieties of thin-leaved caladium do best in well-drained soil rich in organic matter. The plant needs some sun but not the intense full sun of South Florida all day. It's suitable for shade gardens and spots with dappled shade.



Caladiums are non-native aroids that come in a wide variety of leaf colors



photos by Gerri Reaves

Different varieties can be planted in contrasting colors as a border or mass grouping. Caladiums planted in tiers against drab foliage can be eye-catchingly attractive.

It makes a pretty hanging or container plant – and if Florida-friendly low-maintenance landscaping is the priority, that might be the best choice.



Caladium is vulnerable to many pests, requires regular maintenance such as irrigation and fertilization, and offers no notable benefit to wildlife.

Take care when handling caladium. All plant parts can irritate the skin and are toxic if ingested.

Florida is a major supplier of caladium tubers worldwide.

Sources: *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan, floridata.com, and ifas.ufl.edu. *Plant Smart* explores the diverse flora of South Florida.✱

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Film Follows Sea Turtle's Journey

The inaugural "Ding" Darling Summer Family Film Series continues its free bi-weekly showings on Sunday, June 21 at 2 p.m. with *Turtle: The Incredible Journey* in the "Ding" Darling Visitor & Education Center. A tie-in kids craft activity will precede the film.

The film follows a loggerhead turtle's spectacular journey from a young hatchling emerging from her nest in the sand to a 25-year-old adult returning to the same beach to nest her own young. The award-winning film tells the remarkable story of a harrowing trek around the globe and takes a look at what threatens the protected species.

Born on a beach in Florida, the sea turtle rides the Gulfstream up towards the Arctic and ultimately swims around the entire North Atlantic across to Africa and back to Florida in an odyssey 200 million years old. But the odds are stacked against her: Just one in 10,000 survive the journey. She faces many hazards. First, her siblings get lost in the doldrums of the Sargasso Sea. Then, she comes face-to-face with menacing creatures of the deep and nearly dies at the hands of fishermen. Dangerously cold waters further threaten the turtle's survival.

Admission is free to the film. Seating is limited and available on a first-come basis. Following the film, visitors are invited to experience the new interactive Saving Sea Turtles exhibit in the Visitor & Education Center.

The schedule of upcoming Summer Family Film titles is listed below. All film and craft sessions begin at 2 p.m.

July 5: *Wall-E*

July 19: *Hoot*

August 2: *Finding Nemo*✱

for an exclusive look at what it takes to rehabilitate more than 3,500 wildlife patients per year.

Monday, June 22, 11 a.m., \$5 included with admission – Birds of Prey, presented by CROW staff.

Raptors are predators whose specialized beaks and talons make them some of the most effective hunters, and Florida is home to both native and migratory species. Join CROW's staff to learn more about these majestic birds and how their injuries or illnesses are treated at the hospital.

Tuesday, June 23, 11 a.m., \$5 included with admission – Patient Profiles: Sea Turtles, presented by CROW staff.

CROW is the only licensed sea turtle facility from Sarasota to Miami on the

southwest coast of Florida. One of CROW's team members will explain why they are admitted and how the medical staff treats this species.

Wednesday, June 24, 11 a.m., \$5 included with admission – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

Thursday, June 25, 11 a.m., \$5 included with admission – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

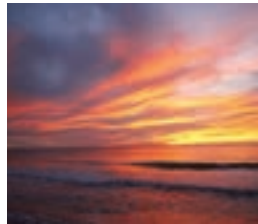
The life of a gopher tortoise revolves

around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "Keystone Species." CROW's presenter will explain why they are admitted and how the medical staff treats this species.

Friday, June 26, 11 a.m., \$5 included with admission – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.✱

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CROW Calendar

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 229. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Friday, June 19, 11 a.m., \$5 included with admission – Why Animals Come to CROW, presented by a CROW volunteer.

CROW hospital treats over 3,500 patients a year, but not all of the animals admitted need assistance. Facilities like CROW should be an animal's last resort, not their first. This presentation uses past case studies, rescues and releases to teach you about safe interactions with wildlife in the community.

Friday, June 19, 2 p.m., \$20 advance registration required – Wildlife Walk with Rehabilitators and Staff.

Following the 2 p.m. presentation in the Visitor Education Center, visitors will be escorted to the rehabilitation grounds

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'Ding' Darling Awards Scholarships For Environmental Studies



Dara Craig, center, from Sanibel received the Jane Werner Environmental Scholarship from Education Committee Chair Wendy Kindig, left, and committee member Marilyn Kloosterman, a close friend of former islander Werner

At a special after-hours gathering at the JN "Ding" Darling National Wildlife Refuge on June 11, "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) awarded \$14,000 in conservation education scholarships to 12 students from the surrounding five-county area. The awards total was the highest ever in the eight-year history of DDWS' Environmental Scholarship Program.

"The society is committed to educating today's youth as conservation stewards of the future," said DDWS Education Chair Wendy Kindig. "To that end, we work with various businesses and individuals to provide annual scholarships to award to outstanding students engaged in the study of conservation, wildlife biology and the environ-



Tarpon Bay Explorers owner Wendy Schnapp, center, awarded five scholarships, including one each to Anthony Bonacolta and Alexandra Mackey

ment. A big thank you to our scholarship sponsors for helping us in our mission."

Eight donors sponsored the 12 scholarships this year. Some sponsors were on hand at the ceremony to present checks to and congratulate the students who were able to attend. Winners include:

- Jake Joers, a Barron Collier High (Naples) graduate entering Florida Atlantic University in Boca Raton to study oceanic engineering, won the Richard Bailey Scholarship, named in memory of a longtime refuge volunteer and donated by his family.
- UF senior Alex Lochard from Cape Coral, majoring in environmental engineering, was recipient of the new Mike and Terry Baldwin Scholarship, named for a DDWS board member and his wife, an emeritus board member.
- Alexandra Mackey, a Cape Coral High graduate and sophomore at the University of Florida (UF) studying environmental law, received the Dr. Andrew and Laura Dahlem Scholarship. The Dahlems live part-time on Sanibel Island and were honored with a named scholarship by family members. Mackey also received one of five Tarpon Bay Explorers scholarships.
- Originally from Charlotte County, Brooke Giuliano is enrolled in the master's program at Duke University (North Carolina) focusing on water management, wetland restoration and mitigation, and aquatic eutrophication. She was awarded the Robert E. Lathrop, Jr. and Margaret McLaughlin Scholarship, named in memoriam for the grandparents of DDWS associate director Sarah Lathrop, whose family donated the scholarship monies.
- From Naples, Carmen Hoyt, a sophomore at Duke working towards a degree in earth and ocean sciences, received the Francine Litofsky Scholarship, in memory of a published nature photographer and active refuge volunteer.
- Jordan Donini from Fort Myers and pursuing a master's in science from Southeastern Louisiana University; and Alexander Kucherenko, enrolled in the master's program in biology at Florida Gulf Coast University (FGCU) in Fort Myers, each received one of two Mary Lou Schadt Scholarships, named for and sponsored by a longtime refuge volunteer.

Tarpon Bay Explorers (TBE) Scholarship awarded five scholarships. The other four went to Anthony Bonacolta, a Bishop Verot High (Fort Myers) graduate enrolled to study marine science at the University of Miami; Isabel Gareau, a Naples High graduate who will pursue a degree in anthropology and botany from the University of California, Berkeley; Layne Marshall from Fort Myers and a junior at UF majoring in forest resources and conservation; and Katie Thorp, a recent Fort Myers High graduate who will study chemical engineering at UF.

Wendy Schnapp presented the awards as co-owner of Tarpon Bay Explorers, which started with the DDWS scholarship program in 2007.

The Jane Werner Environmental Scholarship, DDWS' first permanent endowed scholarship, went to Cypress Lake High recent graduate Dara Craig, who will be attending the earth and environmental studies program at Vanderbilt University in Tennessee. DDWS Emeritus Board Member Marilyn Kloosterman presented the award in honor of her late friend Werner, a former islander who volunteered at the refuge for 25 years.

"These students become part of the great 'Ding' Darling family," said Kindig. "We welcome them back as scholarship applicants next year and as fellow conservation stewards in years to come."

DDWS will again be awarding scholarships at the end of the 2015-16 school year. High school seniors and college students living in Lee, Collier, Charlotte, Glades and Hendry counties and pursuing careers in biology and environmental studies are eligible.

For an application, visit www.dingdarlingsociety.org/student-scholarships. To read full descriptions of 2015 "Ding" scholarship winners, visit www.dingdarlingsociety.org/scholarship-winners.

Individuals and businesses interested in establishing a named scholarship of \$500 or more for 2016 should contact Birgie Miller at 292-0566 or 472-1100 ext. 4 or via email at director@dingdarlingsociety.org. ✨



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Families dip-net for treasures on Family Beach Walks every Wednesday and Friday at 9 a.m.

Free Summer Programs Under Way At ‘Ding’

Bi-weekly family nature films, weekly walks, and nature crafts highlight the free programming now underway at the JN “Ding” Darling National Wildlife Refuge on Sanibel Island through August 9.

Films for the family will show on every other Sunday in the “Ding” Darling Visitor & Education Center. Future dates include June 21, July 5 and 19, and August 2. Titles will include *Hoot* and *Finding Nemo*. For a schedule, visit dingdarlingsociety.org/summer-films.

Refuge summer programs also include Family Beach Walks, Indigo Trail Walks and Reading in the Refuge craft and story activities. For a full schedule with descriptions, visit dingdarlingsociety.org/summer-programming.

Summer programming is made possible by support from the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS).

The schedule of weekly activities follows. No pre-registration is necessary.

- Reading at the Refuge, every Tuesday and Saturday at 11 a.m.: Attendees of each 45-minute reading-and-crafts session learn about a refuge animal and make a take-home craft related to it. Meet in the Education Classroom.
 - Indigo Trail Hike, every Thursday at 10 a.m.: Join refuge naturalists as they lead a one-hour tour to the Wildlife Education Board to identify and discuss the ecosystem’s plants, mammals, birds and reptiles – fun for adults and children alike. Bring water and bug spray. Meet at the flagpole in front of the Visitor & Education Center. Entry fees apply.
 - Family Beach Walk, every Wednesday and Friday at 9 a.m.: The one-hour program convenes at Gulfside Park to explore the refuge’s gulf-front Perry Tract. City parking fees apply.
 - Family Film Series, every other Sunday at 2 p.m.: Spend family togetherness making a craft and enjoying kid-friendly environmental education films in the Visitor & Education Center auditorium.
- For more information on the refuge summer programs, call 472-1100 ext.236 or visit dingdarlingsociety.org/summer-programming.*



Reading at the Refuge programs include a story and a nature craft every Tuesday and Saturday at 11 a.m.

CROW Case Of The Week:

Northern Cardinal



by Patricia Molloy

The Northern cardinal (*Cardinalis cardinalis*) is found year-round in nearly every corner of Florida. Adult males are easily identifiable by their bright red plumage which is said to be reminiscent of red-robed Roman Catholic Cardinals, while the crest of feathers atop their heads resemble a bishop's mitre (formal headdress). Adult

females have a light brown or olive-brown plumage with red markings on their wings. These beautiful songbirds are so popular in the U.S. that no less than seven states have adopted the Northern cardinal as their state bird.

On May 31, an adult male cardinal was admitted to CROW after being rescued from the jaws of a house cat. Upon presentation, the patient (#15-1624) had difficulty standing and perching because it was ataxic: there are different types of ataxia with varying causes, but broadly, the result is a lack of muscle coordination. A round of antibiotics and pain medications was administered before the bird was placed in a quiet cage in the wildlife clinic's ICU.

After a week of supportive care, the cardinal's condition had improved. "He's now doing a lot better," explained Dr. Brittany. "He's been test flown multiple times and now he looks like a normal little cardinal - he walks around on branches and he chirps. (But) he doesn't really fly a great distance. When I try to test fly him outside on the porch, he would fly between cages, but not anything long."

After spending time on the wildlife clinic's ICU,

many avian patients are too weak to fly well. To help them get into condition, they are moved to an outdoor flight enclosure that is species appropriate. For example, the pelican complex has a large pool and plenty of space for medium to large seabirds; the small flight enclosures are covered in fine mesh for tiny songbirds and/or bats; and the large flight enclosures have runways long enough for bald eagles, hawks and great horned owls to practice.

"We were debating whether or not we were going to put the cardinal out, where would be the best place for him to go," explained Dr. Heather Barron, hospital director. "(We were) prepared to force feed him at least a few times and see how he does once he figures out where everything is."

Dr. Heather continues to monitor the cardinal's strength and stamina. As soon as he is strong enough, he will be released back into the wild.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.



The very handsome cardinal, patient #15-1624, just before his morning weigh-in. After a week in ICU, he was moved to an outdoor enclosure.



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Tarpon Troubles Continue



by Capt. Matt Mitchell

Seems our summer rain pattern has not been any kind of pattern at all. Thunderstorms along with heavy rains have been coming in and passing through at

basically anytime day or night. Keeping one eye on the sky and the other on the radar while out on the water has been an essential part of keeping safe and dry. The leading edge of these fast-moving storms often can pack quite a punch with not only dangerous lightning but strong wind gusts that quickly make the bay extremely rough.

Tarpon fishing during constantly changing wind directions continues to

be a challenge. One day the wind is from the east and the tarpon are all over out on the beaches, then the next day the wind makes that shift and starts to blow from the west, making this water too rough to locate fish in. When this has happened, the only fishable water becomes the bay. No matter what your day's plans are for chasing tarpon, it's basically going to be decided on what the conditions are.

Tarpon fishing with CJ and Steve from Austin, Texas one morning this week we had to deal with the west wind thing, which made getting out on the beaches not a option. I lucked out, though, and found a good amount of tarpon showing themselves behind Cayo Costa, which was smooth and sheltered. Setting up on these fish, we had them rolling so close to the boat they would spook and splash us. After staying put for almost a hour, we finally did get one to pick up a bait. This perfect 50-pound class fish made some awesome jumps and after about a 10-minute fight, Steve landed his first tarpon.

Stirred up dirty water in the passes, if anything, made the snook bite even better. Small pinfish and grunts were the bait of choice rigged with just enough lead to get it to the bottom. Lively baits with a lot of vibration to them got inhaled by these stacked up hungry snook. Along with the snook, we also caught some quality redfish up to 32 inches using the same method. Drift fishing the passes seemed to be the more productive method this week, with many of the snook being caught well out from the usual structure they hang on.

Big daytime high tides this week were a great set up to mangrove fish for redfish. Cut bait fishing shorelines produced some of the better redfish action we have seen in recent months. The key to getting into a few of these fish was to keep moving to cover as much shoreline as possible. The redfish seemed to be very spread out, with no one area producing a lot of fish for me. If I did not hook one within about 10 minutes, I would pick up and slide further down the shoreline. When I first set up, I would shower the shoreline with small pieces of chopped up cut bait to try to draw these fish in. Most of the redfish caught while mangrove fishing this week were just barely in the slot.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ☆



A hooked Cayo Costa tarpon makes another awesome jump before being released

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Mosquito Control

The Lee County Mosquito Control District (LCMCD) provides mosquito control for Sanibel and all of Lee County. Mosquito season typically runs from May through October and mosquito activity increases with rain, particularly after heavy rains that produce large areas of standing water. Due to the abundance of mangroves, wetlands and salt marches, Sanibel is a prime breeding ground for mosquitoes.

If you are experiencing a high number of mosquitoes at your residence, make a service request by visiting www.angwatechnology.com/lee_devel/PublicServiceRequest or contact the LCMCD directly at 694-2174.

If the LCMCD receives complaints from a specific area or neighborhood, the district dispatches personnel to conduct a mosquito count and, if warranted, will fog or spray the area.

For additional information regarding mosquito control on Sanibel, visit www.lcmcd.org. ☆

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Dave Doane

Eagle Donates Blood To Save Eaglet

Ozzie, the famed bald eagle from the Southwest Florida Eagle Cam, has been in the care of CROW for almost three months. During that period, Ozzie has received quality veterinary care and endless public support from as far away as Australia. Last week, Ozzie shared some of his good fortune and blood with another eaglet that was brought to CROW from St. James City after being found on the ground in a weak physical state. The eaglet was not expected to make it through the night unless it received a blood transfusion.

After receiving the blood transfusion, the eaglet appeared more alert, had improved color and ate a diet of rat and fish. As of last Thursday, Ozzie and the eaglet seemed to be doing well. The eaglet is in guarded condition and will be monitored closely. ✨



Eaglet receiving blood transfusion

WEDDING ANNOUNCEMENT



Daniel and Lauren Witham with their Dalmations, Chief and Roarshack

Daniel Witham and Lauren Gassman of Louisville, Kentucky were married on June 9 on the beach near Jamaica Drive on Sanibel. A number of family members were in attendance including Lauren's mother and father, Tina Medley and David Gassman; Daniel's mother and father, Mary Anna and Gene Witham; and the couple's two Dalmations, Chief and Roarshack.

Lauren vacationed on Sanibel a few years ago with her father and fell in love with the island. She later brought Daniel back for a visit and they fell in love for good, coming home from the trip engaged. Daniel proposed on Bowman's Beach. ✨

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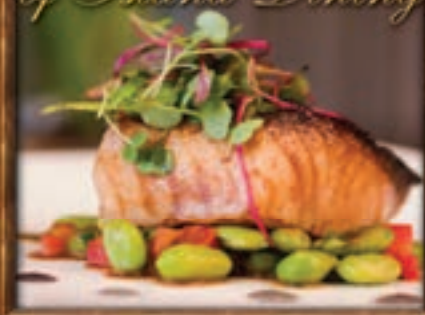
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Sanibel-Captiva Art League

Art League Members' Exhibit Work



Pat Rochester

Visitors and residents are welcome to see 50 paintings by members of the Sanibel-Captiva Art League at the Sanibel Public Library during regular hours. Staff and volunteers of the library, located on Dunlop Road next to City Hall, extend invitations to island residents and visitors to look through the books, periodicals, CDs and DVDs, Internet/computers, etc. and see all the library has to offer. Call 472-2483 or log on to www.sanlib.org for more information.

Included in the Art League members' paintings are tropical scenes and local wildlife. There is a large variety of still life and other subjects such as clouds and marine scenes in oil, acrylic, pastel, watercolor and digital imagery. The different interpretations of large and small colorful artworks range from representational to expressionistic and abstract. Many of the artists have won awards in juried exhibitions.

Log on to www.sancapart.com or write to P.O. Box 1192, Sanibel, FL 33957 for more information about the San-Cap Art League.✽



Barbara Cecala



Jaye Boswell



Rita McLain



Pauline Healey



Ruth Loebeli

An Inside Look At Wildlife Recovery



Baby bobcat photo courtesy of CROW

The CROW Picture Show presents informative anecdotes about the native and migratory wildlife species brought to the Clinic for the Rehabilitation of Wildlife, along with photos of patients admitted to the facility.

In 2014, CROW's wildlife hospital cared for 3,410 sick, injured or orphaned animals. Of the 200 different species, 57 percent were birds, with 37 percent mammals and six percent reptiles.

CROW is not permitted to display its patients to the public, so this hour-long presentation offers the next best thing: numerous candid snapshots of current and past patients, with commentary by Claudia Burns, a veteran clinic volunteer.

The next CROW Picture Show will be held on Friday, June 19 at 11 a.m. in CROW's Visitor Education Center at 3883 Sanibel-Captiva Road, across from The Sanibel School. Admission is \$5 for adults, \$3 for teens and free for members and children 12 or under. The entry fee also includes access to the Visitor Education Center, which exhibits CROW's efforts to save wildlife through care, education and collaboration.

For more information, call 472-3644 ext. 228 or visit www.crowclinic.org.✽

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Sanibel Gardens Preserve Controlled Burn Executed



Toby Clark monitors the progress of the burn

photos by Jeff Lysiak

by Jeff Lysiak

After being postponed for two days due to shifting weather conditions, the first prescribed burn of the summer season took place last Wednesday at Sanibel Gardens Preserve, with approximately 45 acres of dried vegetation and overgrowth burned in a carefully planned and executed blaze.

Under the guidance of burn boss Toby Clark, staff and volunteers from the Sanibel-Captiva Conservation Foundation, Holly Milbrandt of the City of Sanibel's Natural Resources Department, Tim Barrett of the Sanibel Fire & Rescue District and several firefighters from the Florida Forestry Service, the first of three units within the preserve scheduled for burning was ignited around 10:20 a.m. on June 10.

"We're going to be burning a lot of spartina, which gets kinda hot and flashy," Clark told the controlled burn participants at a pre-event briefing held at the trailhead of Island Inn Road. "It's probably good that we got a little bit of rain last night, so the conditions look good for today."

Burning small sections of the unit from north to south, Clark and fellow SCCF field technician Victor Young lit the preserve using hand-held torches. Chris Lechowicz, director of SCCF's Wildlife Habitat Management program, monitored the weather forecast and notified burn participants via radio of any changes in wind patterns or approaching thunderstorms.

"After noon, we expect to see a little bit of a sea breeze, which may cause a shift in wind direction," Clark said during the briefing, noting that the 30 percent chance of rain expected at 10 a.m. jumped to 40 percent by early afternoon.

Barrett, who served as an emergency medic throughout the event, told participants that in case a helicopter evacuation needed to be conducted, Sanibel Fire Station #1 on Pine Ridge Road would serve as the pick-up location.

Fires are prescribed in order to reduce the amount of dried vegetation or overgrowth, known as "fuel." They are planned and carefully conducted by well-trained and experienced wildland firefighters operating under strict conditions, known as "prescriptions."

Units are burned in small blocks to minimize smoke impacts.

According to Clark, conducting prescribed burns at dedicated areas of the island where there is evidence of dead trees and overgrowth actually minimizes the threat of a catastrophic wildfire while maintaining public safety. A secondary benefit of the burn is to wildlife, which will improve the habitat of several native species. These include the gopher tortoise, the eastern indigo snake and the Sanibel rice rat.

Kelly Sloan, an SCCF biologist and coordinator of their sea turtle monitoring program, was taking part in her first controlled burn here on Sanibel.



Toby Clark lights a patch of spartina



Victor Young ignites an area filled with overgrown spartina



A sign on Island Inn Road warned motorists and bicyclists of the burn area ahead

Reducing Wildfire Risks Around Your Home

- Trim dead palm fronds from trees
- Trim any tall grasses near the home
- Prune large, leafy hardwood trees so the lowest branches are 6 to 10 feet high
- Remove combustible materials such as gasoline containers, firewood and building supplies from being stored under or around the home
- Keep mulch and other landscaping material well watered

"I took the Florida Forestry Service's class on controlled burns, so I was really excited to do this today," said Sloan. "And actually, it's even more controlled than I was expecting."

Fire is a natural part of Florida's ecosystem, historically set by lightning. Fire removes dead vegetation, promotes new growth of native vegetation and suppresses exotic plants. In the absence of fire, many plant communities are displaced by dense woody vegetation, which can reduce plant diversity and eliminate foraging opportunities for several of the island's wildlife.

During last week's prescribed burns, Milbrandt – serving as public information officer – was stationed at Bailey's General Store to answer questions and provide information for residents, business owners and visitors.

"We are confident that we achieved our three objectives – to reduce hazardous fuels, reduce encroachment of woody vegetation into the spartina swales, and to improve wildlife habitat," said Milbrandt. "While the area may look barren now, it won't take long for new growth to appear and for wildlife to take advantage of the improved habitat." ❄️

Shell Of The Week

One-tooth Simnia



by José H. Leal,
PhD, The Bailey-
Matthews National
Shell Museum
Science Director &
Curator

One-tooth
simnias,
Simnialena
uniplicata (GB
Sowerby II, 1849),
are elongated

marine gastropods that may reach 20mm (about 4/5 inch). They live exclusively on the "branches" of sea whips, which are colonial organisms related to corals. One-tooth simnias feed on the mucus of and materials entrapped by sea whips, apparently without damaging the sea-whip polyps. They spend most of their lives on the hosts (except for the time they spend in the plankton as larvae) and may be yellow, white, red or rosy-brown, with their shells taking the color of the sea whips, which they achieve by ingesting pigment from the hosts. One-tooth simnias also deposit their egg masses onto the sea whip branches. Learn more about the one-tooth simnia at <http://shellmuseum.org/shells/southwest-florida-shells/simnialena-uniplicata>.

Shell Museum Events

Daily Island Inn Morning Beach Walks (Advance booking required): Join our marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily from



The one-tooth simnia, *Simnialena uniplicata*

From left, shell photos by José H. Leal, live simnia on "branches" of the sea whip *Leptogorgia virgulata* by Amy Tripp.



the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at Island Inn is free for beach walk participants. Space is limited so book online at shellmuseum.org/events or call 395-2233 to make a reservation. All beach walk participants receive half-off shell museum admission. (Current Island Inn guests: book through the inn).

Daily Tank Talks, 11:30 a.m. and 3:30 p.m. – Gain great insights into the fascinating world of mollusks.

Monday at 1:30 p.m., Carolyn's Collection – A fun and entertaining look at gem-quality shells. (Check shellmuseum.org to note any schedule changes)

Tuesday at 1:30 p.m., What is a Mol-

lusk? – Learn about the shell makers in this hands-on presentation.

Wednesday at 1:30 p.m., Mid-Day Tank Talk with a marine biologist.

Thursday at 1:30 p.m., Shell ID Clinic – Bring your mystery finds for identification from an expert.

Friday at 1:30 p.m., Arts and Crafts – Create marine-themed art and take it home with you.

Saturday at 1:30 p.m., Sanibel Shells – Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m., Shell BINGO!

Weekly Marine Naturalist Cruise (Thursdays) – The Bailey-Matthews National Shell Museum and Captiva Cruises

present a one-of-a-kind experience that will excite nature lovers of all ages. Join our marine biologist for an unforgettable day with a small group aboard the 40-foot sailing catamaran *Adventure*. Trips set sail Thursdays at 9 a.m. from South Seas Island Resort on Captiva. The four-hour cruise costs \$100 for adults and \$75 for children and includes the boat trip, lunch and admission to the shell museum. Call 472-5300 to book. (Water shoes required, no flip flops. Prepare to get wet.)

The Bailey-Matthews National Shell Museum is at 3075 Sanibel-Captiva Road. Phone 239-395-2233 or visit www.shellmuseum.org.✱

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Fish Caught



Lance Frederick and Tim Vookout

Lance Frederick and Tim Vookout, both visiting from Kentucky, caught a 26-inch and a 30-inch redfish while on a Sea Reed Charter.*



SCCF educator and sea turtle permittee Dee Serage staking a loggerhead nest
photo by Kathy Boyd

SCCF Nesting Statistics

The Sanibel-Captiva Conservation Foundation (SCCF) reported the following sea turtle nesting statistics as of June 12:

Sanibel East: 57 nests, 128 false crawls
Sanibel West: 155 nests, 351 false crawls
Captiva: 53 nests, 74 false crawls
Total: 265 nests, 553 false crawls

Nest totals include Sanibel's second-ever documented leatherback sea turtle nest plus 2 nests and 3 false crawls by green sea turtles on Sanibel.

Note: There are now coyotes on Sanibel and SCCF is screening as many

nests as possible to discourage coyote depredation.

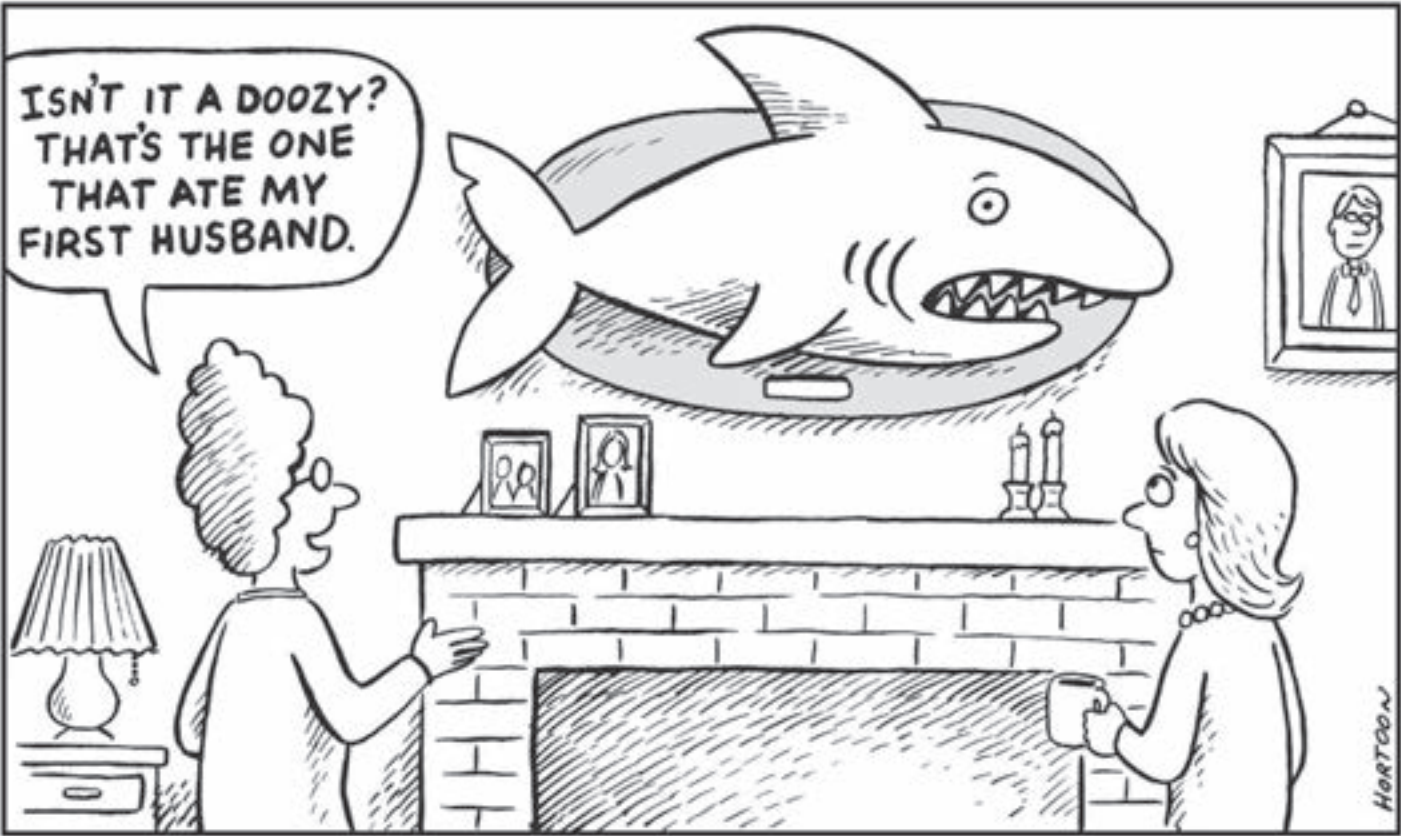
SCCF staff and volunteers also monitor snowy plover nesting on Sanibel. As of June 12, the nest total for snowy plovers is 15:

- 3 nests are active
- 8 nests have hatched 23 chicks. Two nests have 2 chicks, three nests have 1 chick, and all the chicks are gone from one nest; two nests have fledged 3 chicks
- 2 nests have been depredated
- 1 nest is gone, fate unknown
- 1 nest was washed out

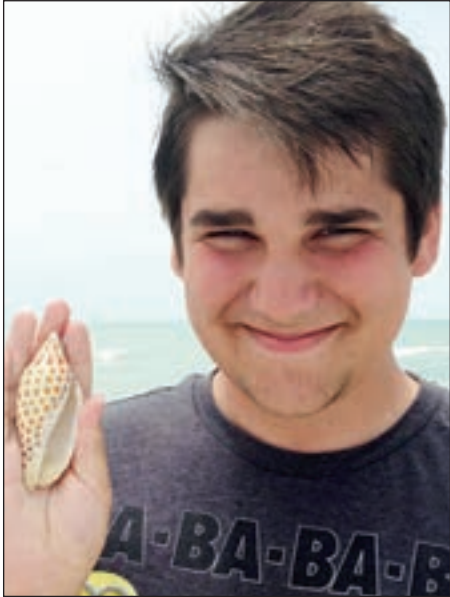
*false crawl – a failed nesting attempt

If you have questions, or would like to know more about nesting stats on Sanibel, contact seaturtle@sccf.org or call SCCF at 472-2329.*

HORTOONS



Shell Found



Nathan Cagle, 16, from North Georgia, found his first junonia on June 4 while on vacation with his family. Most of the shell was buried in the sand, so only part of the side was visible. He found the shell in a large tidal pool between the Sundial and the Holiday Inn. After four years of searching, he had memorized the shell's pattern, so when he saw it, he immediately shouted, "Junonia!">*

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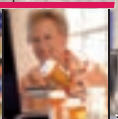
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Florida Blue Crab Salad with Avocado

1/3 cup red onion, finely chopped
3 tablespoons mayonnaise
2 tablespoons fresh cilantro,
finely chopped
3 teaspoons fresh squeezed lime juice
1/2 teaspoon ground cumin
1/2 teaspoon lime zest
8 ounces jumbo lump blue crabmeat,
picked over for shells
1 large ripe avocado, halved, pitted, peeled

Mix together red onion, mayonnaise, cilantro,
lime juice, cumin and lime zest in medium sized
mixing bowl. Gently mix in crabmeat. Season
salad with salt and pepper. Drizzle avocado



Florida Blue Crab Salad with Avocado

halves with remaining 1 teaspoon lime juice
to prevent discoloration and season with
salt and pepper. Arrange avocado halves,
cut side up, on plates. Fill tops of avocado
with crab salad. Garnish salad with lime
wedges.

Yield: 2 servings.

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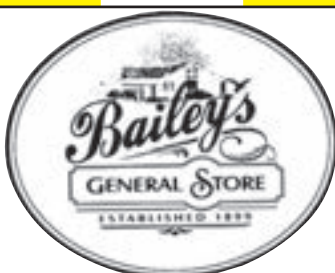
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From page 1

Rare Orchid

– this fragrant plant gives off a licorice scent and has one of the largest blooms among the members of its genus. A native of Trinidad and South America (including Brazil, Venezuela, Columbia, Peru, Suriname, Guyana and French Guiana), it is pollinated

by Euglossine bees, characterized by their brilliant metallic coloration (primarily green, gold and blue).

“This is the most complex, interesting and beautiful orchid I have ever seen or grown,” said Salatino, a member of the American Orchid Society, Sanibel-Captiva Orchid Society and Southwest Florida Orchid Society.✱



Anchor Inn and Cottages

Anchor Inn Wins Two Awards

Anchor Inn and Cottages on Periwinkle Way is the recent recipient of two awards for its outstanding commitment to guests. From Booking.com, Anchor Inn received the 2014 Award of Excellence for averaging over the year a guest rating of 8 or above out of 10, and for participating in Booking.com’s mission to connect guests with “the world’s most incredible places to stay.”

In addition, Anchor Inn and Cottages received the 2015 Hall of Fame award from TripAdvisor for winning its Certificate of Excellence five years in a row (2011-2015).

Owner and longtime Sanibel resident Terry Spillane said, “Our team works hard to maintain the standards of the associations we deal with. We enjoy the challenge.”✱



Orchid enthusiast Joe Salatino with his bucket orchid

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Bacon • Scrambled Eggs • An egg and omelette station • Spinach and Swiss Quiche

Hot Side Dinner Items: Mashed Potatoes • Sweet Potato Casserole

Home made Mac-n-Cheese • Red beans & Rice

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Sanibel Library Kicks Off Summer Reading Program



Summer Reading kick-off party

On Saturday, June 13, the Sanibel Public Library kicked off the annual Summer Reading Program. Teens and grammar-school-aged children can enroll in the Summer Reading Program through the month of June. Participants will receive a special gift from the Sanibel Public Library Foundation when they sign up. The program runs through Saturday, August 1.

The library offers the reading program each year for island youth. The goal is to instill a love of reading in children and teens. Barbara “Miss Barb” Dunkle, youth librarian, helps children set reading goals. Whether the children reach the goals or not, books are earned to build their home library. The Sanibel Public Library Foundation matches each book earned so the child also earns a book for Golisano Children’s Hospital of Southwest Florida. Last summer, island readers earned 1,301 books for the library at the children’s hospital. This year the goal is 1,500.

Call Barbara Dunkle at 472-2483 ext. 201 for more information. There is no charge to participate in these programs. Weekly children’s program continue

through the summer, with special presenters on Tuesday afternoons. These afternoon programs are for children of all ages, with no additional charge to participate. Presentations from magicians, jugglers, a reptologist, a ventriloquist, and a hands-on demonstration from a representative from Edison-Ford Winter Estates are planned.

Miss Barb invites youth in fifth grade and younger to enter the annual Mini Parade Float Contest. The mini float contest uses the theme from the City of Sanibel July 4th parade. This summer is the 25th anniversary of the Sanibel parade and the parade theme is For the Fun of It! Floats need to be in to the library for judging by 3 p.m. Tuesday, June 30.

On Tuesday evenings after the library is closed, there is VIP After Hours for kids entering sixth grade and older. The teens play games, make crafts and have snacks. “This year we’re installing a photobooth, we’re providing props so the kids can dress up and take selfies,” Dunkle said. “We also having Crazy Night, Teen Beach Movie Night and Beatnik Night, to name a few.”

The Sanibel Public Library Foundation, along with the Joan Hunt Cory Children’s Fund, underwrites the summer reading program. The fund was established in 2008 to honor longtime library volunteer and supporter Joan Hunt Cory, who was also a 20-year Sanibel resident.

For more information, call 472-2483 or visit online at www.sanlib.org.

Poet’s Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

Letter To Heloise

by Tanya Hochschild

I know many a washday hint,
How to soften water, get rid of lint.
But one thing no book has ever
unravell’d,
What happens to the one sock that
has travelled?

The holes in the drum are so tiny, so
small,
A sock, be it short, medium or tall
Cannot slide through; be the water
lower or higher,
But the sock gets lost, so call me a
liar!

In the laundry I think of Noah
At Ararat counted two sheep, two
boa.
I hold up one argyle, one tartan
Can’t wear one with my Doc Marten.

My feet are not protected from my
shoes,
You might well laugh, ‘til one sock
you lose.
The loners lie in a bag which weekly
grows bigger.
How do their lost mates return? You
go figure.

I’m only accepting foolproof solu-
tions,
Or hence there will be no more ablu-
tions
Of clothes worn below the knees,
So make it soon please, Dear
Heloise.

Tanya Hochschild is member of a Sanibel Writers Group. She has participated in Artpoems and Writer’s Reads on the island, and has had two books published.

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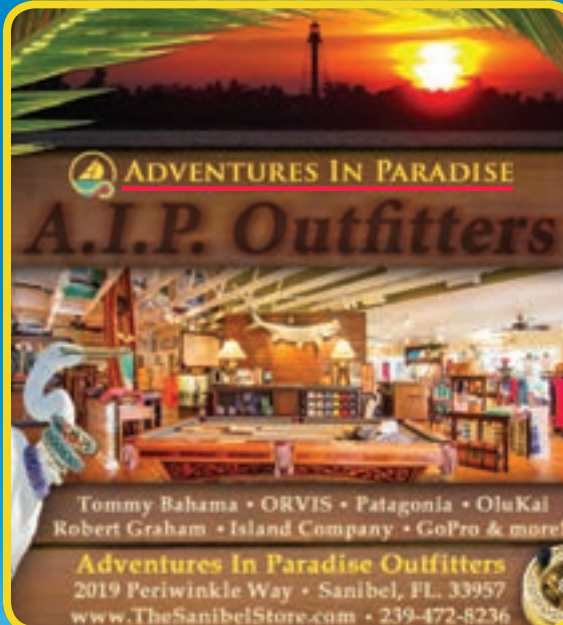
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Florida Attractions Association Conference



Broadway Palm staff: Patty Stansmith, Will Prather, Mary Lawson and Melissa Vogt

The 66th annual Florida Attractions Association Conference was held at Sanibel Harbour earlier this month. More than 250 people attended, representing over 100 Florida attractions. Captiva Cruises, a FAA member for more than 20 years, provided a cruise and tour of Roosevelt Channel on the way to dinner and beach party South Seas Island Resort. A fireworks show over the Gulf of Mexico concluded the conference.*

Email your editorial copy to:
press@islandsunnews.com



Danny Morgan Band



Jorge Salazar, Sean McClurry and Richard Finkel



Jenny Rando and Lisa Sbuttoni of Captiva Cruises with Dondal Forgione, director of Florida State Parks



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Uncommon Friends Annual Meeting June 23

The public is invited to attend the annual membership meeting of the Uncommon Friends Foundation on Tuesday, June 23 beginning at 4 p.m. at the Burroughs Home, 2505 First Street in Fort Myers. Non-members will have an opportunity to learn about the nonprofit foundation.

Gray Davis, president of the Uncommon Friends Foundation, will speak on the State of the Foundation. Melissa Minds VandeBurg, Archives, Special Collections, and Digital Initiatives Librarian at Florida Gulf Coast University, will make a special presentation on FGCU's archives which specifically relate to Jim Newton.

New board members and officers will be elected. Light refreshments will be served. There is no cost to attend and attendees will have an opportunity to have a mini tour of the historic home.

Reservations are requested and may be made by calling 337-9503. For more information, visit www.uncommonfriends.org.*



DDWS Executive Director Birgie Miller, second from left, accepts a \$5,000 check from Doc Ford's co-owners Marty Harriy, far left, and Mark Marinello, center, and the restaurant crew

Doc Ford's Steps Up For 'Ding' Days Sponsorship

Doc Ford's Sanibel Rum Bar & Grille, for the eighth consecutive year, has donated \$5,000 to "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) for its 26th annual "Ding" Darling Days birding and eco-festival, which will draw more than 6,000 visitors to the JN "Ding" Darling National Wildlife Refuge the week of October 18

to 24.

As a \$5,000 donor, Doc Ford's becomes a Roseate Spoonbill, a top level sponsor for "Ding" Days.

"'Ding' Darling is an economic driver for our island as well as a special place to educate people about the importance of conservation," said Mark Marinello, co-owner of Doc Ford's. "It is an honor and privilege to support the refuge and its active friends group for this event."

Doc Ford's joins the following sponsors of the 26th annual community event: Great Blue Heron Sponsors: Arthur Printing, Bailey's General Store, Mike and Terry Baldwin, Bank of the

Islands, Jensen's on the Gulf and Marina & Cottages, Mitchell's Sand Castles & Forty/Fifteen Resorts, Sanibel Moorings, Spotlight Printing, Jim & Patty Sprinkle, Tween Waters Inn; Reddish Egret Sponsors: Sarah Ashton and Jim Metzler, Sanibel-Captiva Kiwanis Club, Stewart and Sons Insurance, Inc.; Snowy Egret Sponsors: Charlotte Harbor National Estuary Program (CHNEP).

"We are grateful to Doc Ford's for its unwavering support and for the incredible generosity of these businesses and individuals," said Wendy Schnapp, committee co-chair. "We hope to see others join with them as sponsors in helping 'Ding'

Darling with this well-attended island festival."

"Ding" Days sponsorships start at \$200. For information on becoming a sponsor, visit www.dingdarlingdays.com or contact Wendy Schnapp at 470-1877 or EcoErler@aol.com by July 30.

"Ding" Darling Days annually celebrates National Wildlife Refuge Week and the birthday of Jay Norwood "Ding" Darling, the refuge's namesake and father of the Federal Duck Stamp Program. The event is co-presented by the U.S. Fish & Wildlife Service, DDWS and Tarpon Bay Explorers.✱

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Schumacher's 58 Consecutive Years With The Same Team Is A Minor League Baseball Record



by Ed Frank

For decades, Southwest Florida has been home to many professional minor league teams – baseball, hockey, arena football and several former minor league basketball franchises.

But can you imagine an executive with any of these organizations working full time into his 59th consecutive year with the same team?

That's exactly the record of Max Schumacher, president and chairman of the Triple-A Indianapolis Indians baseball team, who is the longest serving executive with the same team in all of Minor League Baseball.

"I realize I am in the home stretch, but I still feel good," the 82-year-old Schumacher said during an interview last week.

The Indianapolis baseball franchise is recognized as one of the best, if not the very best, in the minors, due in great part to the leadership Schumacher has provided for six decades. The accolades and awards he has earned would fill pages, but chief among them are Minor League's King of Baseball Award and *Baseball America* naming his team The Triple-A Team of the Decade for the 1990's.

After playing baseball in high school and college and a stint in the Army, the personable Schumacher landed a job as ticket manager for the Indians in 1957 for \$350 a month. Two years later, he became publicity director and in 1961 was named general manager. Eight years later, he assumed the dual role of GM and team president. He is currently in his 46th year as team president.

"We had \$2,000 in the bank when I took over the general manager's job in 1961 and we had to meet payroll five days later," Schumacher said. "But we've never missed a payroll or paying our taxes."

"Times were tough in those days and we looked for ways to enhance our revenue just to balance the books," he added.

That resulted in an incident that he said was the most embarrassing of his long tenure – sponsoring a rock concert in the old Victory Field, later renamed Bush Stadium. "It was a rainy and chilly night and kids were lighting fires in the outfield to keep warm," he recalled. The ruckus resulted in extensive damage to the field and the concert promoters didn't pay all their bills.

"Never again did we allow a rock concert," he said.

In the difficult days of the 1960's, the financially-strapped franchise faced possible relocation or its demise. A public stock sale at \$10 per share saved the team – a team whose history goes back to 1887.

If the franchise was sold today, it might fetch \$40 to \$50 million, according to an article last year in the *Indianapolis Business Journal* detailing that the value of minor league franchises have skyrocketed in recent years.

The thinly-traded stock – there are little more than 700 shares outstanding – was valued at \$30,814 per share, according to the *IBJ* article. Schumacher is the major stockholder.

The success that Schumacher, his family and staff have brought to this historic franchise is reflected the annual attendance of more than 600,000 fans per season. In

1996, the city built a new 14,230-seat stadium, Victory Field, in downtown Indianapolis which *Baseball America* labeled The Best Minor League Stadium in America.

Two of his sons are full-time Indians employees, Bruce, vice-president of corporate affairs, and Mark, director of merchandising. A third son, Brian, works on game days.

With nearly 59 years of baseball executive experience, an obvious question was whether he had opportunities or whether he ever considered taking that background to the major leagues?

"I never seriously considered moving to the majors but did have two opportunities. I was approached by Buzzy Bavasi of the Dodgers and later by his son, Peter, with the Toronto Blue Jays. I decided to stay in Indianapolis and be my own boss," he said.

The media guide lists more than 2,400 players who have played on Indians teams throughout its long history. Nine went on to become members of the Baseball Hall of Fame — Grover Cleveland Alexander, Luke Appling, Gabby Harnett, Harmon Killebrew, Napoleon Lajoie, Al Lopez, Rube Marquard, Joe McCarthy, Bill McKechnie, Ray Schalk and Bob Uecker.

And Schumacher, rightfully so, has become an icon in baseball himself. He has created a legend in Minor League Baseball that likely will never be surpassed.✪



Max Schumacher

SPORTS QUIZ

1. In 2014, Giants pitcher Yusmeiro Petit set a major-league mark for most consecutive batters retired (46). Who had held the mark?
2. When was the last time before 2014 (Joe Kelly) that a Red Sox pitcher stole a base?
3. Five players have tossed 20 or more touchdown passes in each of their first three NFL seasons. Name four of them.
4. Name the last time before 2013-14 (Harvard) that an Ivy League men's basketball school won a NCAA Tournament game two consecutive years.
5. Which two teams did Pat Quinn coach to the NHL Stanley Cup Finals?
6. What year was the first in which NHL players took part in the Winter Olympics?
7. How many majors did Gary Player win during his PGA career, and what were the years of his first and last major victories?

ANSWERS

1. The White Sox's Mark Buehrle retired 45 consecutive batters in 2009. 2. It was 1969 (Bill Landis). 3. Andy Dalton, Andrew Luck, Peyton Manning, Dan Martino and Russell Wilson. 4. Princeton, in 1983-84. 5. The 1979-80 Flyers and the 1993-94 Canucks. 6. It was 1998. 7. Nine -- the first was in 1959 (British Open) and the last was in 1978 (Masters).



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Will Power

Second String Isn't So Good With Durable Powers Of Attorney



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

When I played high school basketball, being 5 feet, 8 inches I wasn't exactly the tallest guy on the team. So I didn't start, but the coach would insert me into the game at crucial moments because I could handle the ball well and had a decent outside shot.

My proudest moment was when I actually hit a game winner with time running out. As an aside, my parents, who attended nearly every game – missed seeing it. Not because they weren't there – rather, they were out in the corridor talking with a friend when it happened.

Although I was a second-stringer, I played plenty and had a good time. While coming off the bench in high school basketball might be OK, having a durable power of attorney that is effective only if the "first string" isn't available simply won't work.

You may recall that durable power of attorney documents grant an individual the right to act for you. They can write checks, pay bills, sign property deeds, enter into contracts and enforce rights among other things. Many clients believe that they can name someone to act for them – whether it is a spouse, an adult child or a good friend, but then have someone else in reserve in case that person becomes sick, dies or is otherwise unavailable.

A durable power of attorney that isn't effective until a precondition has been satisfied is known as a "springing" durable power of attorney. In other words, it "springs" into action upon an event – usually the incapacity or failure of someone else who also holds a durable power of attorney.

Florida law didn't used to allow such powers. All of the durable power of attorneys had to be effective the minute you signed them. That law changed in October of 2012, and now you can have a springing power.

But I won't create them for my clients. Why? Because they're largely ineffective. While the law allows them, using them in practice is an entirely different matter. The reason is due to the liability that banks, brokerage firms and others who are asked to act on the durable power of attorney are afraid of their liability.

Consider that John grants a durable power of attorney to his wife, Jane. He has a

"second string" durable power of attorney to his son, Bill. But Bill's durable power of attorney is not effective unless Jane is unable or unwilling to act on her power.

John becomes disabled. Assume at that time that Jane is in the early stages of dementia. So Bill decides that he better act. Bill takes his durable power of attorney document down to his father's brokerage firm and says, "Please put me on his account as a signer. Here I have a valid durable power of attorney that my father signed granting me the powers to interact with you, decide on trades, investments and withdrawals."

The clerk at the investment firm wrinkles her nose as she reads the durable power of attorney that Bill presented. "This document says that it is only effective if Jane can't act. Who's Jane?"

"Jane is my mother," Bill answers. "She has dementia and can't act. So it's up to me now."

"How do we know that Jane has dementia and can't act? We aren't supposed to take your direction unless she is unable to direct us," the clerk responds.

"I suppose that I can get you a physician's statement," Bill says, getting slightly agitated now.

"Please get us supporting evidence. I'll share that with our legal department and get back to you." The clerk says, waiving Bill off.

You can guess what happens next. The legal department drags their feet or simply won't act. They are afraid that Bill is going to raid the account for his own benefit and that Jane will one day walk into the office, object to their actions and possibly take legal action.

It's a quagmire.

The answer is to grant concurrent durable power of attorneys. What I do in my office is have John grant one power to Jane and a separate power to Bill, neither of which is dependent upon the other's ability or inability to act.

Sometimes clients object, wondering if Jane and Bill don't see eye-to-eye and go in different directions. While this is a possibility, I suggest to my clients that if they don't believe that the individuals whom they are granting these all-encompassing and dangerous powers to can't be trusted to work together in the client's best interest, then perhaps they should rethink who they are naming.

The alternative is to only give Jane a power and not Bill. Only give Bill the power when Jane can't act. But if John is already incapable of granting a new durable power of attorney at the time that Jane can't act, then he won't have anyone to act.

In high school basketball you can only pay five guys at a time, and they are expected to work as a team. It's not unreasonable to select your team carefully and "coach them up" how you want them to act should they need to.

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Amanda Cross, Lindsay Cross, Sue Peltzman and Paula Bentinck-Smith

Doc Ford's Serving Up New Drink

Last week, Doc Ford's Rum Bar & Grille unveiled the latest Golisano Children's Hospital donation drink stemming from the San Cap Cares

fundraiser with a beverage called The Sanibel Stoop.
"The family that won the bid this year for the drink on our menu are local residents," said Kim McGonnell, general manager at the restaurant. "For each drink sold at any of our Doc Ford's locations, we will donate \$1 to the Children's Hospital as we have done every year."

CROW Classic Golf Tournament



From left, Jeff Brown of The Sanctuary Golf Club, committee members Jason Maughan, Sharon Tucker, Jeff Haugns and Jeff Powers and BJ Halsey of The Sanctuary Golf Club

The CROW Classic Golf Tournament will be held on Saturday, October 10 at The Sanctuary Golf Club on Sanibel. CROW is currently looking for sponsors and foursomes.
The event will include 18 holes of golf, a buffet lunch and after tournament reception with a live and silent auction.
The days itinerary will include a 10:30 a.m. lunch, a 12:30 p.m. shotgun start and a reception beginning at 5:30 p.m.
For more information and sponsorship opportunities, contact Nanette Scoville at 472-3644 ext. 232 or nscoville@crowclinic.org.

dearRPharmacist

Stopped Enjoying Life? It Could Be Low Dopamine



by Suzy Cohen, RPh

Dear Readers

Some people feel so bad they want to die, but don't follow through because they lack motivation.

Is that you?

You've been trained to equate

depression with serotonin deficiency, but in fact people with this type of depression don't usually wish to die. Those with low dopamine might wish to, though.

Dopamine deficiency will cause you to wake up sluggish in the morning, usually with brain fog, but you might feel happier and suddenly more enthusiastic with a "hit" of some sort, perhaps a cup of coffee. Low dopamine (as opposed to low serotonin) causes a different kind of depression, one that is hallmarked by a lack of pleasure. Serotonin deficiency makes life less optimistic, and it's like the glass is always half empty.

Dopamine-related depression forces you to need a "hit" of something sugary, or caffeinated. It may manifest itself differently. Some women want to go shopping, men may want to gamble. Dopamine deficiencies affect more than mood. Most of us don't think about the ability of getting up out of a chair, walking, and holding a glass of water or writing. We take it for granted, but difficulties here may point to damage in the *substantia nigra*, a part of your brain where dopamine is made.

Tremors and balance problems, trouble with planning, slower thinking processes are all issues that individuals with Parkinson's disease struggle with. Parkinson's disease is due to abnormally low dopamine levels, compounded with high levels of inflammation chemicals in the brain.

Researchers are currently studying a process called "Redox Homeostasis" and how to keep it in balance within the brain, critical for preventing neurodegeneration which leads to depression, Parkinson's and other neurological disorders.

Consider the following if you want to feel better:

1) Quell the free radicals with antioxi-

dants

2) Consider and discuss the use of dopamine-lifting supplements

3) Check thyroid hormone levels properly, follow the instructions for testing as well as my recommended lab values listed in my book, *Thyroid Healthy*.

4) Opt for a healthier diet, not the SAD diet (Standard American Diet), which increases free radicals.

Your microglial cells (immune cells in the brain) fight an uphill battle when there is inflammation. At first it may be subtle, but over time, the cerebral edema erodes your health.

Don't squirt any lighter fluid your hot outdoor grill. By that I mean, your brain is on fire, you may already have a diagnosis of depression or Parkinson's, or you may be post-TIA or stroke and you do things (or eat foods) that light a fire on your brain.

Understanding this process is fundamental to improving mood and slowing neurological degeneration. For a more comprehensive version of this article, sign up for my free newsletter (online at suzycohen.com). In two weeks, I'll email you the longer version of article and you will also be able to leave my comments and questions under my articles. When you sign up, I'll send you a free copy of my newest ebook, valued at \$12.95. It's called *Spices That Heal: 29 Spices That Work Better Than Drugs*.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

Shell Point Offers Classes On History And Astronomy

The Academy of Lifelong Learning at Shell Point Retirement Community will offer two classes in July that delve into history and astronomy.

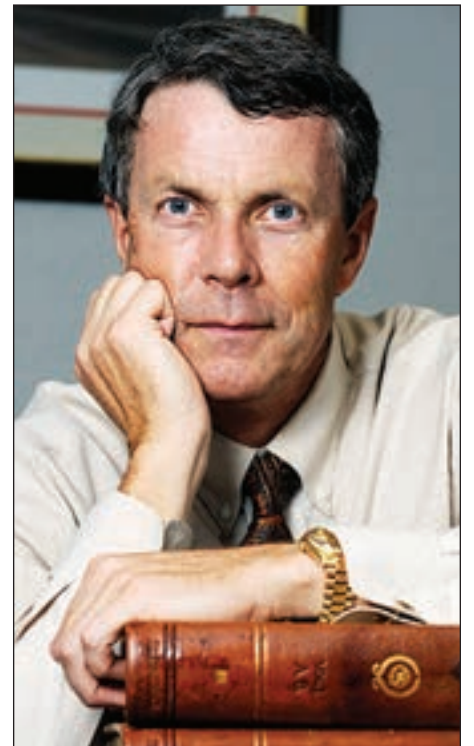
The country of Turkey has played a pivotal role throughout the history of the Middle East and Eastern Europe, and Professor Adrian Kerr will investigate the most prominent milestones on its long and illustrious journey. Southwest Florida residents are invited to this two-part series, called the Rise and Fall of the Ottomans, held at Shell Point on Tuesday, July 7 and Tuesday, July 14 at 10 a.m.

Session One will examine the spread of Christianity, the birth of Islam, the Christian Crusades, and more. Session Two will cover the growth of the Ottoman Empire, Russia and the Crimean War, and the founding of the Turkish Republic. Tickets for the series cost \$20. Or, attend just one session for \$10 each. Seats are limited, so reservations and advance payment are required by calling 489-8472.

Since 1990, nearly 2,000 planets have been discovered orbiting other stars. Search for extrasolar planets with Shell Point resident astronomer Doug Heatherly at 10 a.m. on Thursday, July 16.

"This class is designed for the non-scientist to better understand how astronomers discover planets. We will look at atmosphere, size, and distance from each host star," said Heatherly.

Weather permitting, guests will enjoy viewing one well-known star, earth's sun, through special filters. This course is free, but registration is required by calling 489-8472.✱



Professor Adrian Kerr explores the rise and fall of the Ottoman Empire in two sessions for Shell Point's Academy of Lifelong Learning in July

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School Smart



by Shelley M. Gregg, NCSLP

Dear Shelley, My son will be going into eighth grade in the fall. He's too young for a summer job but too old for many day camps. He is very bright

and loves the sciences. I am trying to find something for him to do in the remaining summer days that really interests him. How can we find something for him to do?

Hailey H., Estero, Florida

Hailey,

I agree that your son is at a somewhat awkward stage, not old enough for work but too young for many organized summer activities. You mentioned that he enjoyed the sciences and was a bright young man. Maybe you could use this interest and build on it to find some activities for him.

Dr. Devon MacEachron, a school psychologist in a private practice that focuses on the gifted, suggests that when parents actively help their children explore their interests and delve deeply into their passions, everyone in the family ends up having a rewarding summer. She recommends that by spending a summer

exploring the child's genuine interests, utilizing the child's talents, accomplishing something of value, will build not only expertise but also self-esteem for your child. Additionally, there are many benefits for children who are engaged in activities in their specific interest areas: intellectual stimulation, increased motivation to achieve, enhanced marketability to colleges, the chance of finding passions or a future career, validation of self, increased self-esteem, increased happiness, and social connectedness, according to MacEachron.

Across the course of high school summers, a student can build a resume showing the pursuit of interests and achievement. This may help a student as they apply to college. Selective colleges are far more interested in applicants who have pursued their genuine interests over the years than in those who engage only in what is required and valued at school.

Perhaps the greatest benefits of an enrichment-focused summer are in the emotional area, suggests MacEachron. By valuing children's interests, we show that we truly care about them for who they are, not who we think they should be, and we validate their unique sense of self. Children who pursue their interests during the summer typically come into frequent contact with peers or mentors in their interest area. Relationships with others who share their interests can be deeply fulfilling in a way that interactions with school year classmates and video game buddies often are not.

How can parents go about designing an enrichment-focused summer program for their children?

Begin with a careful assessment of their genuine interests. In a non-judgmental way, directly ask what they want to learn more about, from anthropology to zoology, and beyond. Reflect on how your children choose to spend free time, the books that absorb their interest, the kinds of exhibits that engage them in museums, and any other clues as to what intrigues them. Even interests that on the surface don't appear to lend themselves to productive enrichment can provide valuable clues. For example, if your daughter spends most of her free time on the phone with friends in meaningful conversations, recognize that this suggests she may be good at, and interested in, helping her friends solve problems, and consider exposing her to psychology.

Once parents have a better understanding of their children's interests, what should they do with these insights? Start searching for opportunities for your child to delve deeply into exploring his or her interests. Often the best opportunities for your child are the ones that the two of you initiate together.

Ask local experts for their advice. Most people would be flattered when approached by a parent with a child who is intrigued by learning more. A scientist or professor might be able to recommend a colleague your child can intern with.

Check local high schools and colleges for courses your child (or you and your

child) can audit.

Plan family excursions around your child's interests. Engineering fits well with outings to science museums and factory tours.

Enlist the help of your local children's librarian. They can help find books, magazines and other information about your child's interest areas.

Learn about local special interest clubs and organizations. Most communities have star watching groups, book groups, birding clubs, and other such groups that offer events and information.

Don't just sign up your child for events or throw resources on your child. Be involved and an active partner in exploring your child's interests. Accompany him or her to events. Read the books she/he is reading and discuss them together. Studies repeatedly show that parental involvement is essential if children are to fully develop their potential. This will take some time and will definitely take work but the result will be very worthwhile.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

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Kathy Bridge-Liles, CAO, Golisano Children's Hospital of Southwest Florida; Diane Holm; Michele King, director Child Advocacy Program, Golisano Children's Hospital of Southwest Florida

Child Advocate Of The Year

Golisano Children's Hospital of Southwest Florida has awarded Diane Holm, public information officer for Florida Department of Health in Lee County, with the 2015 Prendergast Child Advocate of the Year Award in recognition of her passion and commitment to keeping children safe through drowning prevention efforts. Holm received the 2015 Child Advocate of the Year award at the Golisano Children's Hospital annual Pediatric Conference at Sanibel Harbour Resort & Spa on May 31.

Every year, in recognition of Child Abuse Prevention Month, Golisano Children's Hospital of Southwest Florida and the Prendergast Family Endowment Fund host a lecture on child abuse and award a special individual in the community for their commitment to prevention.

"April is Child Abuse Prevention Month. It highlights the importance of protecting our children and the role each of us plays within the community" said Kathy Bridge-Liles, chief administrative officer of Golisano Children's Hospital of Southwest Florida. "Diane Holm has helped to make our community a better place for children through her advocacy and leadership roles. She truly believes in providing all children and their families with the education and tools they need to live and grow in the safest environment possible."

Holm is the founding vice president and past president of the National Drowning Prevention Alliance, in addition to being a former chairperson of the Lee County Drowning Prevention Task Force. While she was chairperson, the task force brought pre-school age drownings to zero in 2005, and hosted Lee County's first National Drowning Prevention Symposium in 2006. She was the impetus for formation of a statewide drowning prevention program, and the stockpiling of temporary fencing to be used around home pools following hurricanes. She produced and directed the bi-lingual video production *Prevent Drowning... Protect with Layers!* found on the Lee County Injury Prevention Coalition (IPC) and other websites. She brought the Life Jacket Loaner program for boaters to Lee County, which continues today at the five boat ramps or marinas. The loaner program added five beaches in Lee County this year.

In 2005, Eileen Prendergast and her family made a \$1 million gift to establish the Prendergast Endowment Fund for the Golisano Children's Hospital of Southwest Florida's Child Advocacy Program and the annual Prendergast Child Advocate of the Year recognition. The program features free parenting classes taught in partnership with the Children's Advocacy Center of Southwest Florida to prevent child abuse. These classes have touched the lives of over 7,000 parents in the Southwest Florida region.✱

Superior Interiors

Shopping For New Wood Furniture?



by Jeanie Tinch

If so, there are many things for you to consider before beginning your buying adventure. Things like the size of the piece, how it will be used, and the type of wood, color and finish you would

prefer. You'll also need to think about the construction of your furniture, which will help you see if the price is right. Here are some important considerations you might want to investigate before you purchase:

- Furniture can be made of hard woods (maple, ash, oak and walnut) or soft wood, like pine. Trees that lose their leaves are hard woods. Trees that retain their leaves are soft woods. If you're looking to add a desk to your newly designed home office, a pine desk might not be the perfect choice – unless you use protection on the desk top. Scratches and dents are

very visible, and easy to accomplish with soft wood furniture.

- Furniture can also be solid wood, laminate or veneer. Laminate is a layer of wood or other product that is applied over a wood frame. Veneer is composed of layers of wood applied again and again over a wood frame. Veneers give a variety of patterns to the wood, which definitely tends to make furniture more exciting.

- Check out the drawers. In well constructed furniture, they should be smooth to the touch on all sides. If the drawer is rough, chances are the quality may be also. How are the corners of your drawers joined? Dovetail joints are common in quality construction, but must be done on all four corners. In addition, corner blocking should include double dowels, which have been screwed and glued into place. Corner blocking in this manner is a cornerstone of quality construction.

Granted, you have a lot to think about when looking for wood furniture for your home. But when you make the right, quality selection, with the help of a professional decorator, you will have a piece that will be perfect for your room – and will last a lifetime.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindceden.com.✱

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Insurance Tip

The Strip Tease



by Angela
Larson Roehl

I can bet that almost all of you reading this have received a solicitation for your home insurance business and, possibly, the offer was substantially less than what you are currently

paying. The offer received shows all the coverages and it appears to be the same coverage as you currently have but the premiums are substantially lower. What do you do?

Do you contact your current agent to ask that they review the offer, as you know that there may possibly be some major differences but your novice eyes just can't spot them? Or do you blindly trust that the insurance being offered is exactly the same as you currently have and it was just your lucky day to save hundreds, if not thousands, of dollars?

Unfortunately, some will choose the second option and forgo even contacting their current agent out of fear that they will talk them out of taking advantage of such a "great opportunity." Let's say you take the offer of coverage without a second thought and request cancellation of your previous coverage.

What you don't realize is that the rate given initially was just a teaser or

coverage was stripped-down to save premium. It was not the same coverage after all. The policy you blindly accepted was in adept to provide you the important coverages, such as coverage that will provide replacement cost for your personal property or the policy removed or lowered coverage in case there was a backup of sewage into your home, or countless other differences that can occur when a stripped down policy is offered. You trusted the other agent offering this magnificent find to be truthful and forthcoming with any information you need to be aware of.

Would an insurance professional be able to see those differences? Absolutely! Insurance professionals know what to look for when they look at your existing policy declaration pages and at no time should you be asked to sign a form just so the agent can get you a comparable quote.

So if an insurance professional can recognize the differences, then why do some agents offer these stripped down policies? They want to tease you with a great rate. However, you need to know that any agent that presents a stripped down policy without consulting the client regarding the major gaps of coverage is being unethical. Agents should educate their clients and explain the coverage being offered and how the policy will respond in the case of a loss. The client should also be leery of signing any documentation just to receive a quote, as you may be signing a form that transfers your insurance policy away from your current agent, and that

may not have been your intention.

Being an insurance agent is a great responsibility and clients should look for a well qualified individual that will present all the facts, so there are no surprises at the time of loss. The old adage "you get what you pay for" rings true in some insurance circumstances so be diligent to understand what your policy

is covering and know what you're signing. Don't become a victim to unethical insurance practices.

Angela Larson Roehl is a local Sanibel-Captiva insurance agent with over 20 years of insurance experience, who can be reached at info@rosierinsurance.com.✪

ISLAND SUN BUSINESS NEWSMAKERS



McMurray and Nette Team

Top Producers

The Royal Shell Real Estate Sanibel-Captiva office top listing producers team for May was the McMurray and Nette Team; top listing producer individual/partners was Fred Newman



Fred Newman

and Vicki Panico; top sales producers team was McMurray and Nette Team; and top sales producers individual/partners was Cathy Rosario✪



Vicki Panico



Cathy Rosario

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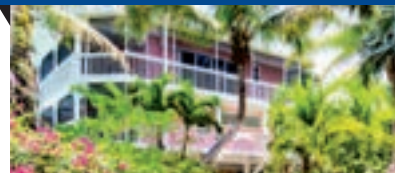
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Love That Dress Sunset Party At SS Hookers



Sunset at SS Hookers, a Love That Dress collection event held last Thursday evening in South Fort Myers, offered cocktails, appetizers and both live and silent auctions for the benefit of Pace Center For Girls in Lee County. From left is Sandy Stilwell, Nancy Finch, Dennis and Clara Petersen and Holly Olson.

photos by Jeff Lysick



Craig Albert, Robin Cook and David Wright



Julie Harmon and Sara Garner



Meg Geltner and John Agnew



Dorene Moug and Harriet Peters



Finnian Walters and Katrina Anderson



Crystina Castiglione and Lauren Mogavero



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Bob Finch and Camille Cromer



Sandy Stilwell and Tim Youngquist



Jennifer Pfenninger, Rachel Rubinski and Shelley Starnier

Doctor and Dietitian

Graceful Aging

by Ross Hauser, MD
and Marion Hauser, MS, RD

There is beauty in aging gracefully in body, mind and spirit. It is something we are all striving for. But certainly there are panic moments... one day you wake up, look in the mirror, and you no longer have the body you used to have. The body habitus is just different as we age – some areas are bigger, some are smaller, some sag and others wrinkle.

No doubt that it takes a lot more work to stay fit as we age, and we may find ourselves out of shape and flabby when we let our busy-ness take control. We struggle with balancing job, home, kids, spouse, friends, family, volunteer work and everything else that vies for our time. All of these things are good – but without your health, none of it will matter, right?

If you have strayed, it's time to get back on the fitness bus.

1. Take back control of your life. It's up to you, and you alone, to identify what will make you feel good. Give yourself time and attention to address your health needs regularly.

2. Do a kitchen overhaul. Get rid of junk foods, sodas and processed foods. Fresh meat, vegetables and fruit should be staples in your kitchen instead. Never underestimate the power of food. Therefore, choose foods that give you power mentally and physically, and not ones that leave you feeling sluggish.

3. Learn to cook from scratch. Cooking your own meals will not only save you a lot of calories, but it will save you a lot of money.

4. Create and maintain an exercise plan. Go outside for a brisk walk, bicycle, jog, or go for a swim regularly. Exercise is key to staying fit as you age. It helps prevent osteoporosis, arthritis, heart disease and high blood pressure, boost energy and metabolism, and strengthen bones and builds muscle.

The more concentrated effort on healthy lifestyle habits, the more rewarding and graceful aging can be.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@carinomedical.com.**

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Eden Energy Medicine

Hot-Flash Or Cool Splash – Pick One



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

Yes this column is dedicated to women encountering HOT FLASHES! Throwing the sheets off at night, getting up at 2 AM

drenched, suddenly sweating when the air conditioner is set at 62 – we all know the symptoms. So let's look at some options to get the feeling of cool relief – yes cool! Of course before we explore a cooling regulator point, it is assumed you have tried herbal remedies widely suggested to assist with hot flashes: flaxseed or flaxseed oil; evening primrose oil and perhaps black cohosh... But remember, menopause, in Asian cultures, is the time to move into our years of wisdom, reseeding the community with new views and perspective.

Our body has powerful acupuncture points throughout our body, each of them associated with a meridian. Meridians are known as our energetic bloodstream, feeding energy and seeking balance among all 14 meridians, forming a continuous flow throughout. Each meridian is associated with an

organ and some meridians have several roles. These Acupressure points are the points that an acupuncturist uses to access clogged or congested energy. Our hands, rather than needles are the tools. By pressing or circling a point, we immediately impact one or more of our systems or organs.

Meet the "Cool-Down" Acupoint to use when in the midst of a hot flash to quickly and effectively redistribute energy to reduce the body's temperature. As the hot flash encompasses you, place the middle fingers of each hand about 2 inches below the navel and press in (this point is the intersection of the central and kidney meridians) while taking a deep breath. Then breathe normally. Do several times until the body temperature shifts. Oh, and if you are a yogi, try the Darth Vader Breath during a hot flash – it helps too! Thanks to Eden Energy Medicine for Women!

Have fun with your energy! Next week's topic is "Spongy Tummy – Menopause Crummy?"

*If you have a question, email Karen Semmelman at SemmEnergyCenter@gmail.com. Learn more at www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.**

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Got A Problem?
Dr. Connie Is In

by Constance Clancy

Q: Can you describe the benefits of hypnosis? I am thinking of doing it but I am afraid I am losing control. Does this happen?

A: Hypnosis can be a viable and effective approach

to assist with positive change in one's life. Hypnosis has been recognized and accepted as a powerful adjunct to both medicine and psychotherapy. What is not always recognized is that hypnosis is not generated by the hypnotherapist. It comes solely from the subject – the client, the patient. The hypnotherapist merely facilitates the subject on how to discover and use the insight and wisdom he/she has always had from the subconscious. What Hypnosis Is:

There are many definitions for hypnosis. Hypnosis is referred to as an altered state of consciousness, like daydreaming. It is, in part. It is also referred to as

bypassing of the conscious mind and its powerful critical faculty, providing direct access to the subconscious mind from which we operate 95 percent of the time. The subconscious mind has also been described as a state in which the subject uses deep concentration together with the ability and willingness to accept relatively simple suggestions. I like to think of hypnosis as relaxed focused concentration. The subject (client) is always in control. You can stop at any time and open your eyes in the event it is not comfortable for you.

Should any anxiety or fear arise, the subject can simply watch as an observer as though they are watching a movie.

Essentially, hypnosis presents a natural method of utilizing the abilities of the subconscious mind to accept, retain and absorb unopposed suggestions, thus permitting the use of full power of the human mind to achieve desirable goals. Hypnosis cannot be induced in opposition to the desire of the subject.

*Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached at constanceclancyfisher@gmail.com.**

Longtime Sanibel
Vacationer Wins
Grand Prize

Dr. Maurlea Babb, a family therapist from Wheaton, Illinois, was the winner of the Sundial Beach Resort & Spa grand opening \$2,500 prize package. The grand opening, held on April 14, was the community's first look at the newly renovated resort. Dr. Babb, a Sundial vacationer of more than 30 years, was staying at the resort with her daughter and grandchildren when she entered the grand prize drawing.

The package includes a two-night stay in a beachfront guestroom, dinner for two at Sea Breeze Café, a full-day boat rental at Port Sanibel Marina, a signature facial at Kay Casperson Lifestyle Spa & Boutique, two half-day classes at Sanibel Sea School at Sundial, private tennis instruction, a round of golf at the Sanibel Island

Golf Club, and a basket of treats from the onsite Bailey's Marketplace.

"My family has enjoyed the comforts of Sundial for many years. I have loved the accommodating resort staff, the breathtaking gulf view, the fine onsite dining options, and the resort amenities," said Dr. Babb, who plans to cash in her winnings this fall. "The ease and simplicity of the setting are contagious and I always eagerly await the next trip."

"We were fortuitous in selecting a winner that has unforgettable memories of her family visits to Sundial over the last three decades. The grand opening event showcasing the new partners, tennis courts, fitness center and dining options provided a chance to highlight the new and improved resort," said Phillip Starling, general manager at Sundial Beach Resort & Spa. "We have many families that choose Sundial year after year, and we hope this serves as a small way to show them how thankful we are to have them."*

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Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I woke up Christmas morning and felt a little better, and now in the New Year, I am fine.

The Christmas season always depresses me and I don't know why. As soon as I see the first decorated tree, I get into a blue funk, and this year it started in early November; but it has been like this for almost 60 years.

I have gone to doctors for help and they all say, "What do you have to be blue about? Get over it." And I always do.

A few days after the season ends, I am back to my self again. Do you have any suggestions for another year?

Lena

Dear Lena,

Christmas season sadness can be a very real debilitating condition for many reasons, and for many very different reasons. Death of a family member, death of a relationship, and death of financial stability in these stressful economic times.

Many people feel left out of the pleasure because they have few relatives and fewer friends, and feel isolated and lonely.

The medical profession has been very slow to realize these seasonal blues and if a patient is better in January they think that nothing needs to be done.

I would suggest you seek the counsel of a caring mental health professional and schedule an appointment for early next September.

Lizzie

Dear Lena,

Christmas is difficult for many people for many of the reasons that Lizzie pointed out. While we live with our losses all year, Christmas, with all the movies, cards, commercials of happy, healthy and intact families, makes us feel our losses more.

So, what do we know? We know Christmas comes around every year at the same time. We also know your reaction to Christmas. You do not have any control over Christmas so we cannot change that. You do have control over your reaction to the season. Christmas is not all bad. So, what do you like to do?

What don't you like to do? Your challenge is to do more of the things that give you joy and expose yourself less to things that make you sad, or that you do not like to do.

Volunteering at a non-profit or cultural organization is a great way to create a positive experience for yourself during this time period. You must take an active role in changing your seasonal experience. Figure out now what you would like to do. If there is any training or orientation needed, you can get it done before next Christmas.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✱

Top Ten Books On The Island

1. *Gift from the Sea* by Anne Morrow Lindbergh
 2. *Living Sanibel* by Charles Sobczak
 3. *The Storied Life of AJ Fikry* by Gabrielle Zevin
 4. *Sanibel Flats* by Randy Wayne White
 5. *Hooper Finds a Family* by Jane Paley
 6. *Selection* by Kiera Cass
 7. *Crazy Rich Asians* by Kevin Kwan
 8. *The Nazi Officer's Wife* by Edith Hahn Beer
 9. *Radiant Angel* by Nelson DeMille
 10. *Still Life* by Louise Penny
- Courtesy of Sanibel Island Bookshop.✱



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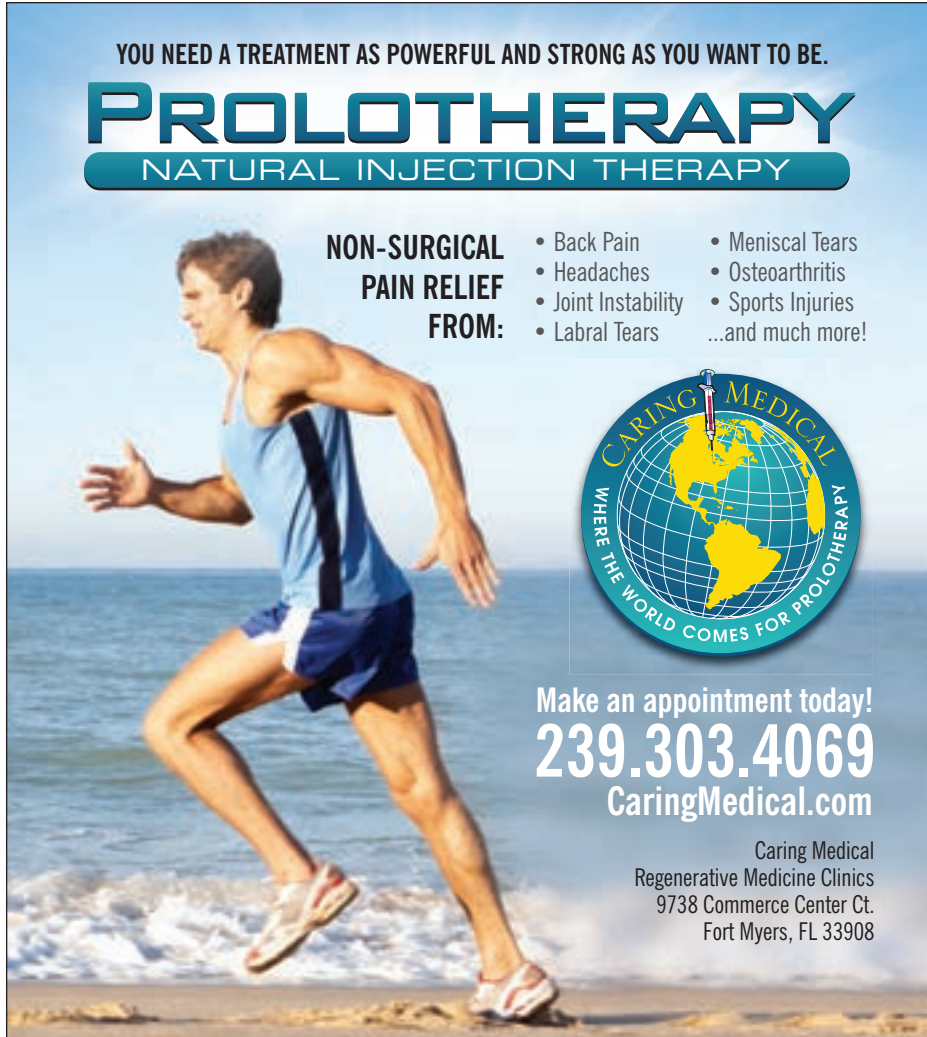
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My Stars ★★★★★

FOR WEEK OF JUNE 22, 2015

ARIES (March 21 to April 19) A plan you've kept on hold for a long time finally could be greenlighted. But in typical Aries form, you'll need to be sure that everything is in place before you hit the "start" button.

TAURUS (April 20 to May 20) Others might urge you to act more quickly on your ideas. But you'd be wise to follow your Bovine instincts and get more facts to bolster your position when you finally present it.

GEMINI (May 21 to June 20) You might be tempted to accept the well-meaning offer of a friend to act as an intermediary in a dispute. But you know best what it's about, and you can handle the challenge. Good luck.

CANCER (June 21 to July 22) Entertainment can play an important role this week. Enjoy some well-earned diversion with people you care about. Something especially wonderful might come from this well-spent time.

LEO (July 23 to August 22) Catnaps and playtime are in order for Leos and Leonas who need to take some time off from their hectic schedules to restore their energies and rebuild their mental muscles. Have fun.

VIRGO (August 23 to September 22) Virgos will need to keep an open mind this week about choices that seem improbable. A closer study might well reveal possibilities that might have been overlooked. Stay with it.

LIBRA (September 23 to October 22) A disappointing outcome of a well-intentioned effort should be seen as a lesson in how to do it right the next time. Note all your changes and have your new plan set up by week's end.

SCORPIO (October 23 to November 21) Travel plans might need readjusting because of changes in the costs previously agreed to. Deal with the problem as quickly as possible to minimize any delays that might result.

SAGITTARIUS (November 22 to December 21) Your honest approach to an unsettling experience draws admiration from others. Use their positive feedback to build support for your program to introduce needed changes.

CAPRICORN (December 22 to January 19) Travel is strong in your aspect this week, and so is nostalgia! You might want to consider planning a trip to a place that holds some very special meaning for you. Bon voyage.

AQUARIUS (January 20 to February 18) A job-related situation could provide an opportunity you hadn't considered before. Look it over carefully and see where and how you can tailor it to fit your needs.

PISCES (February 19 to March 20) Showing strength as well as sympathy helps you deal with a difficult personal matter. It also helps you set an example for others when it's their turn to get involved in the situation.

BORN THIS WEEK: You have a way of making people feel comfortable without losing one whit of your own dignity in the process.

THIS WEEK IN HISTORY

- On June 26, 1807, lightning hits a gunpowder factory in Luxembourg, sparking an explosion that kills more than 300 people and levels two entire blocks.

- On June 22, 1944, President Franklin Roosevelt signs the G.I. Bill, designed to compensate returning armed

services members for their efforts in World War II. FDR hoped to avoid a relapse of the Great Depression following World War I.

- On June 25, 1950, an American soccer team composed largely of amateurs stuns England 1-0 at the World Cup. The hastily assembled U.S. team included a dishwasher, two mailmen, a teacher and a mill worker.

- On June 28, 1965, in the first major offensive of the Vietnam War, 3,000 troops of the U.S. 173rd Airborne Brigade assault a jungle area near Saigon. The operation was called off after three days when it failed to make contact with the enemy.

- On June 23, 1973, President Richard Nixon's adviser H.R. Haldeman tells the president to pressure the head of the FBI to stay the out of the Watergate burglary investigation -- in essence, to obstruct justice. The taped conversation eventually brought the down the Nixon administration and led to his resignation.

- On June 27, 1985, after 59 years, officials vote to decertify the iconic Route 66 and to remove all its highway signs. Measuring 2,200 miles, the "Mother Road" stretched from Chicago to Santa Monica, California, passing through eight states.

- On June 24, 1997, U.S. Air Force officials release a 231-page report dismissing claims of an alien spacecraft crash in Roswell, New Mexico, in 1947. The document stated that the "bodies" recovered were not aliens but dummies used in parachute tests.

STRANGE BUT TRUE

- It was Alice Roosevelt, prominent socialite and daughter of President Theodore Roosevelt, who declared that her purpose in life was to "empty what's

full, fill what's empty, and scratch where it itches."

- King James VI of Scotland was also, after the crowns of England and Scotland were united in 1603, King James I of England. He may have been doubly noble, but those who study such things say that his personal habits would not have been out of place in a commoner of the time period. He reportedly never bathed, claiming that baths were an unhealthy practice, and he would wear the same clothes for months on end.

- Three of the first five presidents of the United States -- John Adams, Thomas Jefferson and James Monroe -- died on July 4.

- Fans of the long-running sitcom "Scrubs" will be familiar with the main character, Dr. John "J.D." Dorian, and his best friend, Dr. Christopher Turk. You might not realize, though, that the actors who played those roles -- Zach Braff and Donald Faison -- also are best friends in real life.

- The game of tag may seem like an innocent children's pastime, but in some countries it has a sinister undertone. In Italy, players pretend that anyone getting tagged has caught the black plague. In Madagascar, leprosy is the contagion that is being supposedly spread by the game, while in Spain, it's relatively harmless fleas.

- Taking the stairs may be good for your cardiovascular health, but there are dangers you might not know of. In an average year, approximately 27 people are killed while using an elevator, while 1,600 die while taking the stairs.

THOUGHT FOR THE DAY

"Learning is what most adults will do for a living in the 21st century." -- Lewis Perelman

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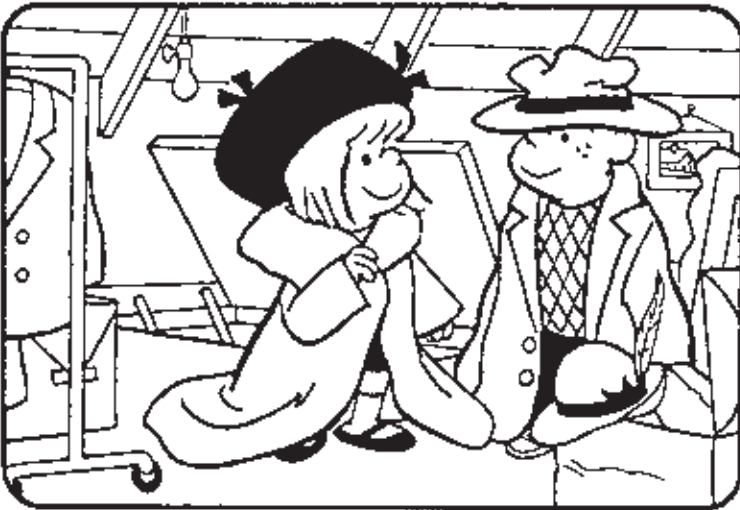
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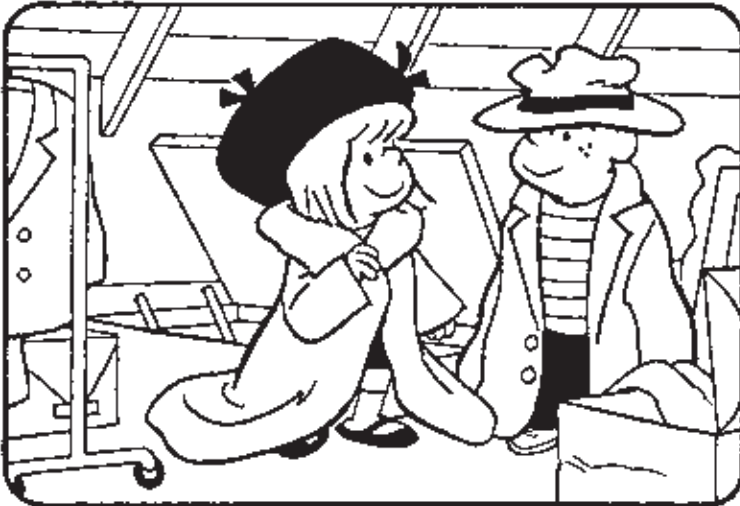
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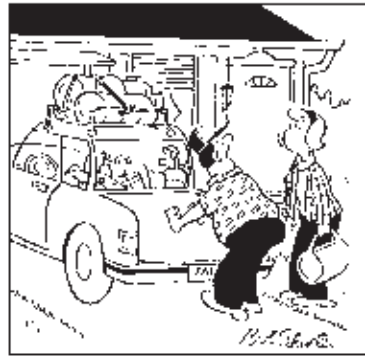
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FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Light is missing. 2. Box is smaller. 3. Collar is smaller. 4. Shirt design is different. 5. Hat is missing. 6. Picture is missing.



"Oh-oh, you must have forgotten some-
thing—the trunk _____
on my very first try!"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Quest thick
NEEDSAdjust _____ Supple
LIPTAN**TODAY'S WORD**

answer on page 51

3			8					5
		5		4		7		
	4				6		9	
		1			5			3
6				1	9	2		
	2		3				7	
	7				4			1
		6		8		5		
8			9				4	

SUDOKU**To play Sudoku:**

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 51

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Development	City	Year Built	Sqare Footage	Listing Price	Selling Price	Days On Market
Cape Hickory	Bonita Springs	2014	4,477	\$2,999,000	\$2,750,000	392
Yacht Club	Cape Coral	2012	4,511	\$1,975,000	\$1,860,000	171
Harbour Preserve	Cape Coral	2013	3,606	\$1,848,000	\$1,800,000	267
Colony Beach Estates	Sanibel	1990	3,240	\$1,695,000	\$1,600,000	217
Gulf Harbour Yacht & Cc	Fort Myers	1995	3,361	\$1,200,000	\$1,100,000	138
Metes And Bounds	Sanibel	1958	2,560	\$1,395,000	\$1,050,000	389
Stuart Subdivision	Fort Myers	1965	2,259	\$1,095,000	\$1,000,000	11
Shell Harbor	Sanibel	1976	1,733	\$989,000	\$950,000	6
Verona Lago	Miromar Lakes	2007	3,117	\$999,000	\$925,000	65
Enclave At Fiddlesticks	Fort Myers	1994	4,592	\$875,000	\$870,000	0

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NOW HERE'S A TIP

• “Clean and save takeout food containers rather than purchasing commercial plastic containers. They are all the same basically, and you will not be at a loss if you need to throw one away, leave it behind or send leftovers home with a guest.” -- M.W. in Nevada

• To preserve your battery life on your smartphone, remember to close out applications that you’re not using. Shut down and restart your phone from time to time as well.
• “After you clip the coupons you want to keep from your Sunday paper inserts, pass them along to your neighbors. They may use different products and so may

want your coupons!” -- I.L. in Georgia
• “Got too many coffee cups? Add potting soil and a small flower to give as gifts to brighten someone’s day!” -- B. in North Carolina
• In a pinch, you can use liquid correction fluid to cover up nail holes in a white wall. Dot and smudge as it dries.

• Want to eat your nine servings of fruits and veggies a day? Keep fresh fruit out and in view to increase the amount you eat. Cut and otherwise prepare vegetables and store them front and center in your refrigerator. Plan your meals around the vegetables instead of the protein!

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PUZZLE ANSWERS

SUDOKU

3	6	7	8	9	2	4	1	5
2	9	5	1	4	3	7	8	6
1	4	8	5	7	6	3	9	2
7	8	1	4	2	5	9	6	3
6	3	4	7	1	9	2	5	8
5	2	9	3	6	8	1	7	4
9	7	3	6	5	4	8	2	1
4	1	6	2	8	7	5	3	9
8	5	2	9	3	1	6	4	7

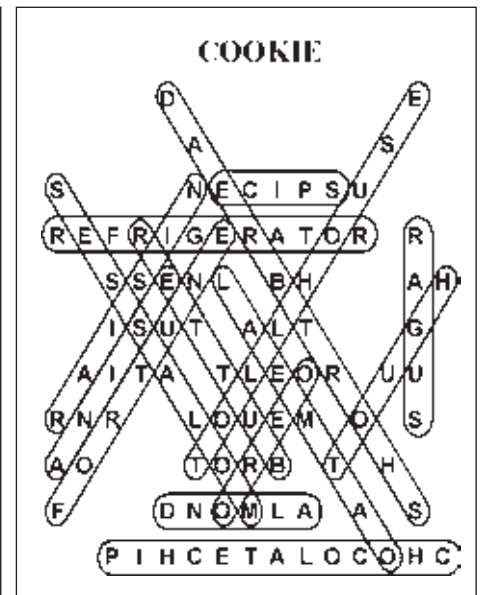
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 CHIN LIL TALE
 PANAMACANA TREATY JFB
 THORCEDU ALB SKUL
 LAMARR ADOT ICLE SA
 IFENIRFANIFBARIHS
 SSA AUS DARED WR EST
 KENTJCKYDERBY W E
 AUGUSTE OFO MA ZAPS
 GROTT GOESOVERTHCTOP
 GARTER ONEEYED EERILY
 STAINS BEDSETS ESTES

KING CROSSWORD

ASP HAM HALE
 CHEW UFO ORAL
 TORI GAT MEWS
 SOUND RILE
 SOB FIRSTS
 MISLAID PSHAW
 UNTO GOO IOTA
 SCOWL TRUMPET
 HAWHAW ESP
 OXEN ESSAY
 FOAM ION OLLA
 ANNE RNA NULL
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Red, 45k miles, automatic,
very clean, good rubber.
No stains or pet slobber.
Non smoker. \$12k. 321-544-0396.

*NS 6/19 CC 6/26

GOLF CART FOR SALE



Street legal, "gas" powered.
\$6,500. 239-209-6500

*NS 6/5 BM TFN

2006 CHRYSLER SEBRING TOURING CONVERTIBLE

Less than 46,000 miles.
Good Condition.
\$6,500.
Call 239-443-0110.

*NS 6/5 CC TFN

LIVE ON THE ISLANDS

The Crow's Nest Beach Bar & Grille at Tween Waters Inn has live entertainment with The New Vinyls on Friday and Saturday; Steve Farst plays on Sunday; Taylor Stokes plays on Tuesday and Wednesday. Crab shows are on Mondays and Thursdays.

The Jacaranda has live entertainment on Friday and Saturday with Cruzan Vibes, playing reggae and dance. Rentata plays funk, jazz and contemporary on Monday. On Tuesday, it's Sir Mitch, playing classic rock, R&B and dance; Wednesday is Barbara Dexter, playing contemporary, oldies and current hits; Thursday is Eric Malibu, playing contemporary, reggae and dance.

The Mucky Duck on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday; Gene Federico plays on Saturday; Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

Sea Breeze Café at Sundial Beach Resort & Spa has island style live entertainment on Mondays from 5:30 to 8:30 p.m.

Traditions on the Beach at Island Inn has live music Friday with Joe McCormick and Barbara Smith, playing classic R&B, contemporary dance and disco. On Saturday, it's Joe McCormick and Marvilla Marzan. Mike Arnone, "The Jersey Kid," performs selections from Motown to the Rat Pack on Monday. Woody Brubaker and Barbara Smith perform on Tuesday and Wednesday; Joe McCormick and Marvilla Marzan play on Thursday.

The Island Cow on Periwinkle Way has live entertainment on Friday with Gene Federico; Saturday, Jay Helt; and Sunday, Dan Confrey.

RC Otter's on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandnews.com or 395-2299.

Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



SANIBEL BICYCLE CLUB

TO PLACE A CLASSIFIED LOG ONTO: **IslandSunNews.com** CLICK ON PLACE CLASSIFIED

★ ★ ★ CLASSIFIED DEADLINE FRIDAY AT NOON ★ ★ ★

Pets Of The Week

Hello, my name is Nero. I'm a 1 and a half-year-old neutered male white and brown hound mix. I am a well-balanced, young and sociable boy who plays nicely with other dogs. I'm good looking, lovable and polite. I'm not sure what folks are looking for in a pet, but I hope I'm it!

My adoption fee is \$75. Hello, my name is Paris. I'm a 2-month-old female black tabby domestic shorthair. I'm expressive, playful and downright adorable. Please consider adopting me and any of my equally precious fellow kittens here at Animal Services. Since we are two-for-one adoption fee, you can take two of us and have twice the fun! Then, we can entertain each other when you're not at home.

My adoption fee is \$30 (regularly \$75) during Animal Services' Adopt-A-Shelter-Cat promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Nero ID# 583310



Paris ID# 623080

PAWS Of Sanibel

Chloe

Chloe is a pretty dilute calico kitten, a young adult female (1 to 2 years old) who was found on Wild Lime Drive in the area of the back gate of the Wildlife Drive on April 4. Her combo test was negative and she is now spayed and has all of her shots.

Chloe is now in a foster home, but she would love a forever home. If you're interested in adopting this beauty, contact Pam at PAWS of Sanibel at 472-4823. *



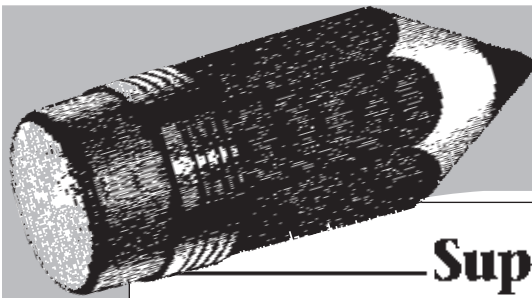
Chloe (aka Queenie)

Island Sun
NEWSPAPER
Sanibel & Captiva Islands

CALLING CARD 239-395-1213

Emergency	911
Sanibel Police	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department - Sanibel	472-5525
Fire Department - Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	472-4258
SW Florida Symphony	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc.	565-7872 or 433-7798
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
FISH of Sanibel - Friends in Service Here	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Tom Rothman	395-3248
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-1202
Sanibel-Captiva Shell Club	395-1770
Sanibel Youth Soccer	www.sanibelsoccer.org 395-2040
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:
press@islandsunnews.com



BEACH CHAIR PASTIME

answers on page 51

Super Crossword

"HOW ABOUT HAT!"

ACROSS

- 1 Big appliance brand
6 Bursting, as a balloon
13 Houdini 'real'
19 Only
21 New York senator
22 Sudden floods
23 Device used in saltwater aquariums
25 Spanish conquistador
26 Filter slowly
27 Cagney or Lacey, Abbr.
28 Seed case
29 Tennis!
32 "For Me and My Gal" director
35 Marine ink squirlers
38 Welsh dog
39 Tic-tac-toe row
40 Some Web site banners
41 Person paid for getting strikes
46 Airport idler
47 Apian abode

- 48 Try to get
49 Online party summonses
53 Madonna musical
55 The Once — ("The Lorax" character)
56 Gradually slowing, in music: Abbr.
58 Legislate
59 Cozy room
60 Florida school near Daytona Beach
66 Dimple locale
67 Like Capp's Abbr.
68 Preamble, e.g.
69 1977 pact signed by Carter and Torrijos
76 Son of George Bush
79 Pains-taking, for short
80 Academic e-mail suffix
81 Iran's nation: Abbr.
82 Brain holder
84 Hody of film
86 Just — on the map
89 Dim native suffix for "par"

- 91 Mrs. Victor Laszlo, in film
92 Collectible Happy Meal miniatures
96 Nine-digit ID issuer
99 Vienna's land: Abbr.
100 Made a boat move
101 Most twisted, as humor
102 Annual May race
106 Stimulate
107 Artist Renoir
108 Gold, in Italy
109 With 50 Down, rum cocktail
110 Hds with high voltage
114 Small cavern
115 Exceeds limits for what each of this puzzle's theme items does?
119 Word before snake or belt
120 Like the jack of hearts
121 In a creepy way
122 Wood dyes
123 Sheets and pillowcases sold as units

- 124 Rob of '90210"

DOWN

- 1 Some snakes
2 Further
3 Healing plant
4 Bottom line
5 Bristol brew
6 Furtive
7 Suffix with bull or hill
8 Frat letter
9 Fills up the tank, maybe
10 Not budging
11 In poverty
12 Hideo's threat
13 Endive type
14 Hydrant
15 A la —
16 Hun name
17 Flattened by hammering
18 Thoreau writings
20 Like "ketch" or "schmeat"
24 Once called
29 Fluffy's cry
31 Not closed, in verse
32 Many miffed fans, vocally
33 Catering hall vessel
34 "Oh, God!" (1980 film sequel)

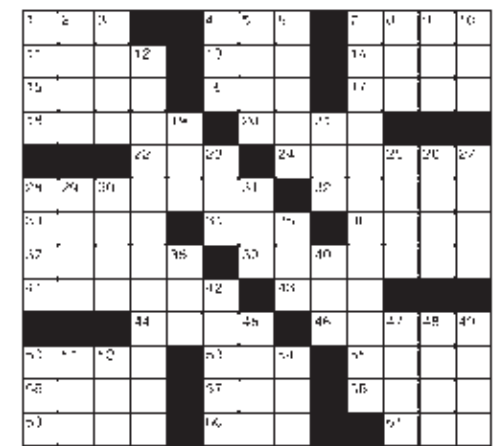
- 35 Made a peek
36 Want badly
37 Verom, e.g.
38 Spotted, musky cat
42 Hush
43 Swiss capital
44 Brothers Phil and Don of pop/rock
45 Wash cycle
50 See 109-Across
51 Outer: Pretz
52 Hogs' place
54 Actor Shawn of "X-Men"
57 Stand for an idiot box
61 Hollywood's Carrere
62 Ending for say or Motor
63 Not any
64 Last: Abbr.
65 Have brunch
66 Geni weight
69 Jim Bakker's old ministry, familiarly
70 Finder's cry
71 do plume
72 Fresh as —
73 Naked
74 Early blues singer Ma —
75 Spanish national hero
76 Singer Andrews

- 77 "That's someone — problem!"
78 Explos on
83 Unwelcome advice givers
85 Atomic pies
87 Certain windiness
88 Flowers named for their scent
90 "Charlotte's Web" author
93 H-bomb, e.g.
94 Wall St. manipulator
95 Add up to
96 Singer Ricky
97 Painter
98 Mohair goat
103 -fruit
104 St. Paul's: Fargo lwy.
105 Lorna — cookies
106 Huge battle
109 What docs prescribe
111 Quarreling
112 Magnet end
113 1974 CIA spoof movie
115 Hunk
116 "— of little faith!"
117 Center doc
118 "— how!"

King Crossword

ACROSS

- 1 Cleopatra's snake
4 Easter entree
7 Robust
11 Mast: cate
13 Venus an vessel?
14 By word of mouth
15 Actress
16 Spell ing
17 Gun, singly
18 Kittens' comments
19 "The — of Musc"
20 Anger
22 Weed
24 loud y
28 History making events
29 Lost
32 "Nonsense!"
33 "Do — others..."
34 Sticky stuff
36 Greek vowel
37 Angry look
39 Satchmo's instrument
41 Hoarty laugh
43 Kreskin's claim "or short
44 Yoked team
46 Eng ish composition
50 Lather



- 53 Charged particle
55 — podrida
56 Actress
57 Genetic letters
58 Void partner
59 Bru n
60 Poach
61 "Catcher in the —"
6 Decorator's concert
7 Mr. Burns' employee
8 Exist
9 Legislation
10 Goller Ernie
12 Painter known for maritime scenes
19 "— good deed!"
21 Pouter's protrusion
23 Gnomous
25 Buy stuff
26 London gallery
27 Hit flies
28 Dogster command
29 3-Down type
30 Pack away
31 Spook
35 Raw rock
38 Remiss
40 Work with
42 Bizarre
45 Forbidden action
47 Speak unclearly
48 Partner
49 Harvard rival
50 "Great!"
51 Individual
52 Literary collection
54 Run-down horse

DOWN

- 1 New Testament book
2 "Scall"
3 Lima's land
4 Embrace
5 Somewhere

MAGIC MAZE ● — COOKIE

F S Q O D L J H E C A X V E T
R P N L J A H F D B Y X S V T
S R P O M N E C I P S U K I G
R E F R I G E R A T O R E R D
B Z S S E N I L X B H W U T A H
R Q I S U T O A L T N I J G T
I A I T A G T L E O R F U U D
R N R C A L O U E M Y O O S X
A O W V T T O R B S T C H R P
F O N L D N O M L A S A K S J
I G P I H C E T A L O C O H C

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.

Almond	Fortune	Raisin	Sugar
Anise	Molasses	Refrigerator	Toll House
Butter	Oatmeal	Shortbread	Tough
Chocolate chip	Oreo	Spice	



Sanibel Island

Ft. Myers Beach

Captiva Island



975 Rabbit Rd.
Sanibel Island, Fl 33957
239.472.8311



708 Fisherman's Wharf.
Ft. Myers Beach, Fl 33931
239.765.9660



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